



Proposed Renewal for the Home and Community Based Services Waiver for Individuals with Intellectual and Developmental Disabilities

Department on Disability Services Community Forum
May 2, 2017



Goals for Today

- Discuss proposed amendments to our HCBS IDD waiver, including changes to: services, rates, and provider qualification.
- Gather your feedback on our proposed waiver renewal.
- Share information about how you can continue to provide us your ideas and comments.

DC's Medicaid HCBS IDD Waiver

- DC's current Home and Community Based Services (HCBS) Waiver for People with intellectual and developmental disabilities (IDD) is a comprehensive waiver. It offers a wide range of services and supports to help people with IDD live a healthy, safe and productive life in the community.
- DC proposes changes to the HCBS IDD waiver that will affect what services are delivered, adds some service limitations, and changes the payments for services.



Waiver Renewal Materials

Waiver Renewal Application, Current Waiver, this PowerPoint & More:

<http://dds.dc.gov/page/waiver-amendment-information>

**The complete waiver renewal application is available on-line and upon request. This PowerPoint summarizes a number of important changes, but does not include every proposed change to the waiver.*





OVERALL CHANGES



CHANGE: People First Language

- New Title: People with Intellectual and Developmental Disabilities Renewal Waiver
 - Note: Clarified that the waiver is for adults with intellectual disabilities (no requirement for developmental disabilities – and cannot get services if only DD)
- Change “individual” to “person” throughout the waiver

CHANGE: Waiver Capacity

Waiver Year	Total # of People Served
Year 1 (11/2017 – 2018)	1822
Year 2 (11/2018 – 2019)	1872
Year 3 (11/2019 – 2020)	1902
Year 4 (11/2020 – 2021)	1932
Year 5 (11/2022 – 2023)	1962

- Currently about 1725 people receiving waiver supports
- Will reserve up to 20 slots per year for youth transitioning from CFSA and for people living in ICFs
- 30 slots starting in WY3 to account for an Individual and Family Support (IFS) Waiver



PROPOSED AMENDMENTS TO WAIVER SERVICES



NEW: Parenting Support

- Parents receive training that is individualized and focused on the health and welfare and developmental needs of their child, as well as building necessary parenting skills.
- Available to expectant parents, and parents with physical custody, visitation rights or parents who are pursuing reunification with their child.
- May include training of individuals who provide unpaid support, training, companionship or supervision to individuals to reinforce strategies provided to the person served.

NEW: Parenting Support

- Provided at home or in the community.
- Individual and small group (1:4).
- Providers may be peers or professionals.
 - Peer Qualifications: Lived experience + certification
 - Professional Qualifications: Mirror Family Training

NEW: Assistive Technology

- An item, piece of equipment, service animal or system that is used to increase, maintain, or improve functional capabilities and can also support increased community inclusion and/ or employment.
- Service directly assists a person in the selection, acquisition, or use of an assistive technology.
 - Evaluation
 - Purchasing
 - Training
 - Maintenance
- Capped at \$10,000/ 5 years



CHANGE: HCBS Settings Rule

Require full compliance with the HCBS Settings Rule at time of waiver renewal -- November 20, 2017:

- All new settings (day or residential)
- All Supported Living and Supported Living with Transportation homes
- All Host Homes
- All Residential Habilitation homes



PCR Residential HCBS Findings

- Shows ongoing progress in providers achieving compliance with the rule.
- Top issues resulting in non-compliance findings (more than 10% non-compliant responses across residential providers):
 - assisting a person to develop transportation skills
 - a person's access to personal funds
 - a person's ability to know which actions to take if treated unfairly
 - landlord/tenant agreements

CHANGES: Residential Services

- Supports are based upon what is *important to and important for* the person – use of Person Centered Thinking tools and skills
- Services support people to be a part of the community – not just reside in the community
- New Residential Habilitation Settings – limited to 4 persons (existing are grandfathered, but no new referrals until less than 4 people in home)

CHANGE: Allow Remote Support

- Supports may be provided in person, or through phone or other technological means (*e.g., Skype, Facetime*)
- Up to 20%, where approved by the person and his or her support team and documented in the ISP.
- In Home Supports; Supported Living Periodic; and Supported Employment Training & Long Term Follow-Along (for job coaching)



CHANGE: Speech Therapy

- Clarify that service may be offered at home, day program, or in the community
- Create a new small group (1:3) service – a person may use individual and small group speech therapy





CHANGE: Family Training

- Allow the service to be offered by professionals and by peers
- Create a new small group (1:4) service – a person may use individual and small group family training



CHANGE: Day Habilitation

Eligibility Limitations based on Level of Need for New Admissions

- People who are 64 and younger and have Level of Need score of 1 or 2 would not be eligible to attend Day Habilitation programs, unless approved by DDS due to extenuating circumstances or barriers that are expected to be resolved within six months.
- People who are 64 and younger and have a Level of Need score of 3 or 4 will not be eligible to attend Day Habilitation programs, unless they have tried other day and employment options first, for one year or they were approved by DDS due to extenuating circumstances or barriers that are expected to be resolved within six months.
- No person may attend Day Habilitation more than 24 hours per week. (Not-applicable to small group day habilitation.)
- Wrap around services are available.

CHANGE: Day Habilitation

Eligibility Limitations based on LON for People in Service

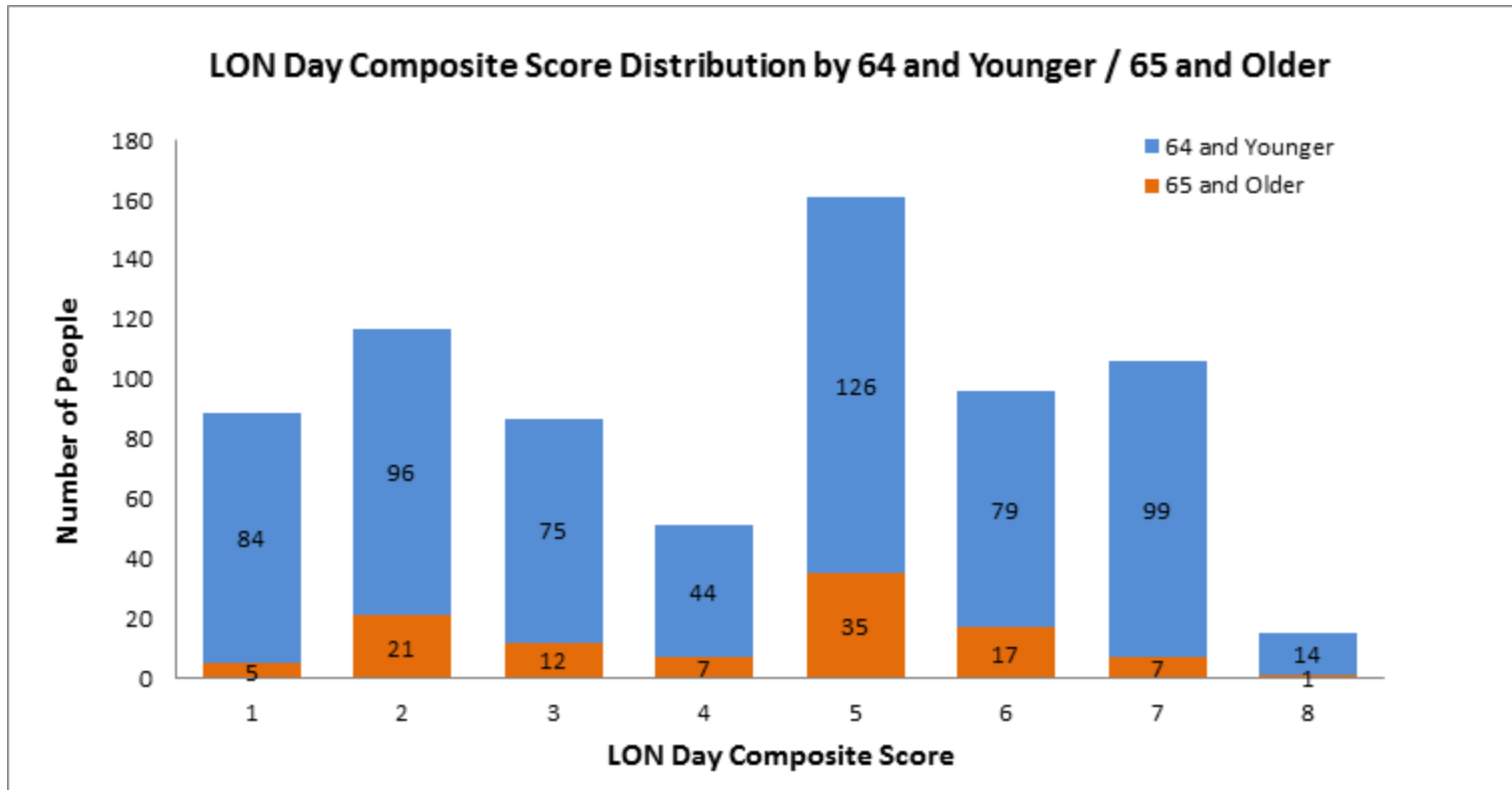
- Within one year from the date of the approved waiver amendments, any person with a Level of Need score of 1 or 2 would no longer be eligible for Day Habilitation services must instead be offered employment services
 - For people with an ISP meeting that is scheduled within 90 days of the waiver effective date, DDS may authorize for up to 90 days following the ISP to ensure a smooth transition. (Note: waiver renewal talks about “anniversary” – we will clarify)

CHANGE: Day Habilitation

Additional Limitations

- Within one year from the waiver effective date, Day Habilitation services may not be authorized for any waiver participant with a LON greater than 2 for more than 24 hours/ week.
 - Not applicable to Small Group Day Habilitation services.
 - For people with an ISP meeting that is scheduled within 90 days of the waiver effective date, DDS may authorize up to 40 hours of Day Habilitation services per week for up to 90 days following the ISP meeting to ensure a smooth transition. (Note: waiver renewal talks about “anniversary” – we will clarify)

Day Habilitation LON Distribution



CHANGE: Employment Readiness

Time Limitations

- For new people the service may only be authorized for up to one year, plus up to a one year extension if there is documentation that the person is making progress towards competitive integrated employment and would benefit from extended services.
- If a person has exhausted Employment Readiness services and: (1) has had at least one year since the end of that service; (2) expresses an interest in employment; and (3) the support team has identified specific goals around building employment skills that are reflected in the ISP, then DDS may authorize Employment Readiness services one time, for up to one year. (Total of up to three years of Employment Readiness services.)
- For people currently receiving services, the time limitation runs from the waiver renewal date.

CHANGE: Census Limitations

Census Limitations for Day Habilitation and Employment Readiness Facilities – 50/20 Rule

- Current Day Habilitation and Employment Readiness settings that have a daily census under fifty people in the setting for more than 20% of the day, may only receive authorizations for services for new participants up to a daily census of fifty people in the setting.
- Current Day Habilitation settings that have a daily census of fifty people or more in the setting for more than 20% of the day will not be eligible for authorizations for services for new participants until their daily census is less than fifty people in the setting.

SERVICE CLARIFICATIONS

- **Respite** may be approved up to 112 hours/week in emergency situations (typically up to 56/week)
- **Skilled Nursing** may be offered at home or in the community
- **One Time Transitional** includes treatment for bed bugs, if needed
- **Physical Therapy** may be offered at home, day program, or in the community

SERVICE CLARIFICATIONS

- **Skilled Nursing** may be provided as an extended state plan service in Supported Living & SL/T settings (except for Supported Living or SL/T with Nursing)
- **Small Group Supported Employment** group size cannot exceed 1:4
- **In Home Supports** may be provided regardless of whether the person lives in his or her own home, family home, or with a friend

SERVICE CLARIFICATIONS

- **Personal Care Services** include grooming; and may be provided at work for people in residential supports
- **Behavior Supports** Tier 1 services may be used to support a fade plan or develop a less restrictive option to any allowable modification to the HCBS Settings Rule requirements



ELIMINATED SERVICES

- **Environmental Adaptation Accessibility** – Minimal utilization
- **Vehicle Modification** – No utilization
- **Personal Emergency Response System** – Included in Assistive Technology



Services with No Changes

- * *Except to use People First language or minor clean-up*
- Companion - 1:1 and Group
- Respite
- Creative Arts Therapies – 1:1 and Group
- Dental
- Occupational Therapy
- Supported Employment: 1:1
- Small Group Day Habilitation



PROPOSED AMENDMENTS TO PROVIDER QUALIFICATIONS



PQ: Employment Readiness

Require enrollment with Rehabilitation Services Administration for continuity of services:

- **New Providers** must be enrolled as a provider for RSA within one year of becoming an Employment Readiness provider
- **Current Providers** must be enrolled as a provider for RSA within one year of the effective waiver date

PQ: Fitness

Changed provider qualifications to increase candidates

- Any of the following national and/ or international certifications, or other equivalents as approved by DDS:
 - American Fitness Professionals and Associates
 - National Athletic Training Association
 - National Academy of Sports Medicine
 - Aerobics and Fitness Association of America
 - American College of Sports Medicine

PQ: Individualized Day Supports

- Remove requirement that individual employees supporting people in IDS have at least one year experience working with people with intellectual and developmental disabilities for group service
- Keep this requirement for IDS 1:1
- Clarify that it includes lived experience and/ or volunteering



PROPOSED AMENDMENTS TO PAYMENT METHODS & RATES



RATES: Overview

- Rates are inflated by the Consumer Price Index
 - Tied to the DC Living Wage
 - Applied to the entire rate (not just the DSP portion)
 - Waiver application requests authority to continue to inflate rates based upon CPI and/or Market Basket Index in future waiver years
- New group methodology for all but Family Training & Parenting Support Peer Groups with updated vacancy factor formula that better accounts for individual absences
- Residential and Day Services rate methodology changes are pending the ICF rate cost rebasing review
- Clinical services were updated at last amendment and research shows still competitive
- Reviewed methodology for hourly rates using CMS formula and the rates largely hold – but needs review and feedback on productivity assumptions

RATES: Outcomes

- All but three rates increase:
 - Companion Group (current waiver weights to a group of 1:2; this methodology is built on 1:3, based upon authorizations)
 - Individualized Day Supports 1:1 (corrected error in current methodology that over-counted costs for transportation and activities in the individual rate)
 - Supported Employment Paraprofessional (changed productivity assumptions to reduce the amount of time a paraprofessional spends on job development when they are not with the person)

New Rates for New Services

Assistive Technology			\$10,000 cap
Parenting Support (Prof)	Visit	15 minutes	\$11.54
Parenting Support (Small Group Prof)	Visit	15 minutes	\$3.40
Parenting Support (Peer)	Visit	15 minutes	\$8.82
Parenting Support (Small Group Peer)	Visit	15 minutes	\$2.60
Family Training (Peer)	Visit	15 minutes	\$8.82
Family Training (Small Group Peer)	Visit	15 minutes	\$2.60

Detailed Rates Discussion

HCBS Advisory Group Meeting

Monday, May 8, 2017

2 PM - 4 PM

DDS, 250 E Street, SW

1st Floor

All rate books and the Appendix I and Appendix J are posted on-line for review at:

<http://dds.dc.gov/page/waiver-amendment-information>

Comments at the meeting will be entered into the public record.