

# TRAUMA-INFORMED PERSON CENTERED PLANS



**SPEAKER:  
TANYA  
RICHMOND**

## Dates & Times

April 11,  
1 PM-4 PM EST

April 27,  
10 AM- 1 PM EST

April 27,  
5 PM-8 PM EST

This offering provides participants with person centered skills and tools to have conversations and develop plans that take trauma into account. Participants will explore three questions to build resilience in people who use services and supports and will consider the impact of trauma on decision making and behavior. Using Karen Harvey's Happiness Analysis/ Happiness Procedures/ Trauma Response Prevention to obtain information for a one pager or support plan will also be covered in this offering.

### Objectives:

Participants will be able to:

- Describe strategies for helping people maintain connections during times of crisis and in the context of supports for resiliency to trauma.
- Explain the challenges service providers and caregivers are experiencing in helping people stay healthy and safe.
- Describe trauma responses and supports that may be helpful in responding to underlying trauma.
- Use learning from our own experiences to be more person centered.
- Identify available resources for further learning.

### Learning Outcome:

Learners will expand their knowledge and competence in trauma informed Person-Centered Planning.

### To Register:

[Click here](#) or email Debbie Paul which session you would like to attend at [Debbie@sdaus.com](mailto:Debbie@sdaus.com)

### For Disability Accommodations,

Contact Dr. Yolanda Van Horn  
[yolanda.vanhorn@dc.gov](mailto:yolanda.vanhorn@dc.gov) or call  
(202)- 527-5541