



Name: _____ Date: _____ Score: _____
 (passing score is 80%)

Core Training
Self Advocacy Test

I. True or False: Answer whether 'True' or 'False' (5 points each = 30 points)

1. **T or F:** As a Direct Support Professional, you can help individuals with intellectual disabilities learn more about advocacy, by helping them research self advocacy groups, accessing additional resources, and being a good listener. _____
2. **T or F:** Self advocates are people that are paid to attend marches, participate in protests, and generate petitions on behalf of people with intellectual disabilities. _____
3. **T or F:** All Direct Support Professionals have a responsibility to advocate for the equal rights of people with disabilities. _____
4. **T or F:** The self advocacy movement is a recognized movement that has grown out of the civil rights movement in the U.S. and the women's equal rights movement internationally. _____
5. **T or F:** There are several self advocacy groups in the Washington DC Metro area. _____
6. **T or F:** Strong self advocates do not need assistance from their Direct Support Professionals when advocating for their rights. _____

II. Multiple Choice: Answer the question with the correct choice (5 points each = 10 points)

7. A Direct Support Professional can encourage and empower individuals with disabilities by:
 - a. Teaching kitchen safety skills
 - b. Respecting the privacy of individuals with disabilities
 - c. Providing more opportunities for individual to make choices
 - d. All of the above

Answer: _____



8. Self Advocates may need support to:
- a. communicate effectively
 - b. access agencies and meetings
 - c. access equipment and documentation
 - d. All of the above

Answer: _____

III. Definitions: Match the word to the definition (10 points each = 50 points)

Principles of Self-Determination

9. Freedom _____	A. The right to choose the people you want to help you
10. Authority _____	B. The need for people to listen to you because this is your life
11. Support _____	C. The need to do things the right way
12. Responsibility _____	D. The right to make basic choices about your life
13. Confirmation _____	E. To control the money and the supports you receive

IV. Circle all that apply (10 points)

14. Language is important to self-advocates and
- a. There is a movement to end the use of the R word.
 - b. It is acceptable to refer to people by their disability, such as the autistic person.
 - c. It is acceptable to use the retarded but only if you use person-first language such as the person with mental retardation.
 - d. People First Language (PFL) represents more respectful, accurate ways of communicating. People with disabilities are not their diagnoses or disabilities; they are people, first.