

Ending of the Appendix K Flexibilities



LIFE. YOUR WAY.
Department on
Disability Services

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Shasta Brown

Deputy Director of QAPMA

Flexibilities Cease on November 11, 2023

Waiver Services Regulations

Companion Services

- Flexibility of 1:2 ratio will no longer be authorized
- Resume ratios 1:1 & 1:3 per waiver regulations
- Companion services may no longer be provided by providers who are not approved for this service
- Companion services can be used in combination with other day services
- Companion services can no longer be billed during the implementation of remote day services
- Flexibility of family members and/or legally responsible person can no longer provide this service as per waiver regulation (excluding *My Life, My Way* Program participants)

Remote Support Services

- Remote Support Services will no longer be offered at 100% of the time the service is provided effective November 11, 2023
- New Remote Support Service rates for some waiver services are effective **November 11, 2023**
- Some waiver services will continue to be provided remotely as approved in the IDD Waiver Renewal and IFS Waiver Amendment

Day Program Services

- Day program settings will return to facility or community-based settings per waiver regulations

Staffing ratios

- Staffing ratios for Day Habilitation and Individualized Day Supports can no longer be modified when provided remotely per waiver regulation
- Staffing ratios for Day Habilitation and Employment Readiness services can no longer be implemented in a 1:2 and/or 1:3 ratio, and Small Group Day Habilitation services can no longer be implemented in a 1:2 ratio

Modified Rates

- Effective November 11, 2023: Enhanced rates, Quarantine & Overtime rates for waiver providers will no longer be authorized

Individual Support Plan (ISP)

- Documentation shall be uploaded to MCIS 14 days prior to the ISP meeting
- Annual Physical examination requirement every 12 months
- Resume Level of Care requirement per waiver regulation
- Resume Level of Need requirement per waiver regulation
- All documentation requiring the Person or Guardian/Representative signature must have the original signature

Residential Supports

- Residential Habilitation, Supported Living, In-Home Supports and Companion services can no longer be provided in hospital setting

Reduction of Service Limitations

Individualized Day Support

- Flexibility of 1:3 ratio and up to 7 days a week will no longer be authorized
- Resume ratios of 1:1 & 1:2
- Resume maximum number of days IDS can be authorized to 5 days per week, per waiver regulation

Flexibilities Cease end on November 11, 2023

Unwinding of Direct Support Professional Training Requirements

Qualifications for Direct Support Professionals (DSP)

- Resume initial & annual training in-person for CPR, First Aid, pre-service and in-service training
- Resume Pre-employment background checks upon hiring
- Resume in-person and timely training on the person's Individual Support Plan (ISP), Health Care Management Plan, Behavior Support Plan, Individual Program Plan (IPP), Personal Emergency Preparedness Plan (PEPP), Nutrition, Specialized Dining Techniques, Transfer and Mobility Procedures, Seizure Disorders/Protocols, Medication/Sides Effects, etc., Intro to Human Rights, Incident Management, Intro to DD, and Adaptive Equipment
- Resume Assistive Technology provider certification requirements to allow Certified Enabling Technologies Specialist and Accredited Technology First organizations to certify these providers

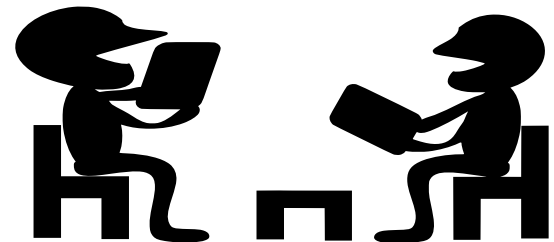


Open Discussion

The end of the flexibilities in the Appendix K

How are providers preparing employees for the change?

- Informing family members that they can no longer provide companion services.
- Preparing people who reside in a host home setting to transition from Companion to other day and/or employment services.
- Training DSPs prior to working independently with a person.
- Transitioning to the staffing ratio per the waiver rules for Companion, Day Habilitation, Employment Readiness, and Small Group Day Habilitation.
- Ensuring that a service authorization is issued for remote support for people who would like to continue receiving the service remotely.
- Training staff on the new IDD/IFS waiver rules.



IDD and IFS Waiver Regulations

The following links are the standards governing the eligibility for services for persons enrolled in the Home and Community-Based Services (HCBS) Waivers for Individuals with Intellectual and Developmental Disabilities (IDD) and Individual and Family Support (IFS), and conditions of participation for professionals and providers of services to receive reimbursement.

IDD Waiver Regulations:

[DCMR IDD Waiver Regulations: Chapter 29-19](#)

IFS Waiver Regulations:

[DCMR IFS Waiver Regulations: Chapter 29-90](#)

