

LifeCourse Integrated Supports Star: Planning

Technology	Personal Strei	ngths & Assets	Relationships
Current	Current	Future	Current
How can technology help me achieve my job/career goal?	What skills or things do I have that will help me reach my job/career goal?	What else do I need to have or learn?	Who are the people in my life and how can they help me reach my job/career goal?
Future What other kinds of			Future Who else do I
technology might help?			Who else do I need to add?
Current			Current
What is in the community hat I can I use to help achieve my job/career goal?	What else might help?	For what else might I qualify or apply?	What kind of eligibility supports do I qualify for and how will it help me reach my job/career goal?
Community Based	Future	Future	Eligibility Specific

Access the LifeCourse framework and tools at lifecoursetools.com

Charting the LifeCourse: Planning Employment

Name:	Date:	
WHAT QUALITIES DO I HAVE THAT WOULD MAKE SOMEONE WANT TO HIRE ME? ist things that would make you a good employee. Are you lways on time? Do you get along well with others? What re some of your skills or talents?	WHAT KIND OF JOBS OR WORK EXPERIENCE HAVE I HAD OR DO I HAVE NOW? List jobs, volunteer positions or work related experiences you have had or do now.	
WHAT HELP DO I NEED TO SET A JOB/CARE What specific supports are helpful, and what is not?	EER GOAL AND TAKE THE STEPS TO GET IT? How do I learn best?	
What helps me stay motivated?	What is the best way to encourage me?	