

# Important To and For

**Important to:** people to be with, things to do, places to go, rituals/routines, rhythm and pace of life, status and control, things to have, what makes a good quality of life

**Important for:** health – prevention and treatment of illness and promotion of wellness, safety – safe environment and being free from fear, being a valued member of the community

Important to me:	Important for me:

What others need to know and do to best support me: