

REINFORCEMENT INVENTORIES

Instructions: The items in this questionnaire refer to things and experiences that may give a person joy, satisfaction, or pleasurable feelings. Check each item in the column that describes how much the person enjoys the things described.

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REINFORCEMENT INVENTORY

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS		NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	A. FOOD ITEMS					
	1. Candy					
	What kind?					
	a.					
	b.					
	c.					
	2. Ice cream					
	What kind?					
	a.					
b.						
3. Nuts						
4. Potato chips						
5. Cake						
6. Cookies						
7. Beverages						
What kind?						
a.						
b.						
8. Other foods						
a.						
b.						
c.						
d.						

REINFORCEMENT INVENTORY

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	C. ENTERTAINMENT				
1. Watching television					
Favorite programs?					
a.					
b.					
2. Movies					
3. Listening to music					
Favorite program / artists?					
a.					
b.					
D. SPORTS AND GAMES					
1. Playing football					
3. Swimming					
4. Bike riding					
5. Skating					
6. Skiing					
7. Horseback riding					
8. Tennis					
9. Hiking					
10. Checkers					
11. Chess					
12. Fishing					
13. Baseball					
14. Ping-pong					
15. Scrabble					
16. Monopoly					
17. Painting by numbers					
18. Computer games					
19. Video games					
20. Clue					
21. Competitive games					
22. Other					
a.					
b.					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	E. MUSIC / ARTS / CRAFTS				
1. Playing a musical instrument					
Type?					
2. Singing					
3. Dancing					
4. Drawing					
5. Building models					
6. Working with tools					
7. Working with clay					
8. Musical group					
9. Other					
a.					
b.					
F. EXCURSIONS / COMMUNITY					
1. Ride in Car					
3. Visiting grandparents or relatives					
4. Visit to beach					
5. Picnic					
6. Vacation					
Where?					
7. Airplane ride					
8. Going out to dinner					
9. Visit a friend					
Who?					
10. Visit a city					
Where?					
11. Visit a museum					
12. Going to store					
Name?					
13. Going for walk					
14. Going to library					
15. Visit amusement park					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	F. EXCURSIONS / COMMUNITY (CONTINUED)				
16. Other?					
a.					
b.					
G. SOCIAL / INTERACTION					
1. Playing with others					
Whom?					
2. Being praised					
By whom?					
4. Being touched					
5. Group activities					
6. Going to friends					
Whom?					
7. Having friends sleep over					
8. Sleeping at friends house					
Whose?					
9. Talking with others					
10. Kidding and joking					
11. Party for friends					
12. Taking friend out					
13. Happy faces, smiles					
14. Other?					
H. ACADEMIC / CLASSROOM					
1. Learning a new language					
2. Taking piano lessons					
3. Reading					
4. Being read to					
5. Looking at books					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	I. DOMESTIC ACTIVITIES (CONTINUED)				
6. Going on errands					
7. Cooking					
8. Washing or working on the car					
9. Sewing					
10. Shopping					
11. Preparing a menu					
12. Running errands					
13. Exemption from a domestic activity					
J. PERSONAL APPEARANCE					
1. Getting new clothes					
2. Putting on makeup					
3. Purchasing makeup					
4. Wearing special clothes					
5. Dressing in a costume					
6. Wearing others' clothing					
7. Getting a haircut					
8. Going to beauty parlor					
9. Manicure					
10. Pedicure					
11. Massage					
12. Wearing perfume or cologne					
13. Wearing jewelry					
14. Purchasing jewelry					
15. Having picture taken					
16. Other:					
a.					
b.					
c.					
d.					
K. OTHER EVENTS AND ACTIVITIES					
1. Staying up past bedtime					
2. Earning money					
3. Having free time					

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	K. OTHER EVENTS AND ACTIVITIES (CONTINUED)				
4. Having a pet					
5. Having or going to a party					
6. Taking a bath or shower					
8. Feeding the pet					
9. Listening to stories					
10. Friend to eat over					
11. Talking into a tape recorder					
12. Decorating own room					
14. Plan the days activities					
15. Public display of work or progress					
17. Sleeping late					
18. Chairperson at meeting					
19. Subscription to a special magazine					
20. No nagging by others					
21. Attention given in a group					
22. Period with no monitoring					
23. Opportunity to masturbate					
24. Opportunity to leave work early					
25. Opportunity to select a job					
26. Work in a special setting (office)					
27. Other:					
a.					
b.					
c.					
d.					
e.					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	ENTERTAINMENT				
1. Watching television					
Favorite programs?					
a.					
b.					
c.					
2. Playing home video games					
Which Ones?					
a.					
b.					
3. Playing community video games					
4. Computers					
5. Movies					
6. Dancing					
7. Listening to music					
Cassette tapes					
Compact discs					
8. Singing					
9. Playing musical instruments					
10. Drawing					
11. Painting					
12. Sculpting / pottery					
13. Latch hook					
14. Sewing					
16. Working with tools					
17. Other:					
HOBBIES					
18. Photograph					
19. Typing					
20. Collecting items:					
Specify:					
a.					
b.					
c.					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS		NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH	
	HOBBIES (CONTINUED)						
	21. Building models						
	22. Plants / gardening						
	23. Other:						
	FOOD						
	24. Fruit						
	What kind?						
	a.						
	b.						
c.							
25. Nuts							
What kind?							
a.							
b.							
c.							
26. Cookies							
What kind?							
a.							
b.							
c.							
27. Ice cream							
What kind?							
a.							
b.							
c.							
28. Chips							
What kind?							
a.							
b.							
c.							
29. Snack bars							
What kind?							
a.							
b.							
c.							

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	FOOD (CONTINUED)				
30. Hot Dogs					
31. Hamburgers					
32. Tacos					
33. Pizza					
34. Popcorn					
35. Pretzels					
36. Bagels					
37. Granola					
38. Other:					
a.					
b.					
c.					
BEVERAGES					
39. Fruit juice					
What kind?					
a.					
b.					
c.					
40. Sparkling water					
What kind?					
a.					
b.					
c.					
41. Sodas					
What kind?					
a.					
b.					
c.					
42. V-8 Juice					
43. Coffee					
44. Decaffeinated coffee					
45. Hot tea					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	BEVERAGES (CONTINUED)				
46. Hot herbal tea					
What kind?					
a.					
b.					
c.					
47. Milk					
48. Chocolate Milk					
49. Beer					
50. Wine					
51. Mixed drinks					
52. Lemonade					
53. Punch					
SPORTS					
54. Aerobics					
55. Jogging					
56. Roller skating					
57. Swimming					
58. Soccer					
59. Running					
60. Football					
61. Baseball					
62. Frisbee					
63. Windsurfing					
64. Skateboarding					
65. Bowling					
66. Golf					
67. Miniature golf					
68. Pool					
69. Boating					
70. Water skiing					
71. Snow skiing					
72. Tennis					
73. Bodybuilding					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	SPORTS (CONTINUED)				
74. Weight lifting					
75. Exercise bike					
76. Racquetball					
77. Climbing					
EXCURSIONS					
78. Spectator sports					
a. Car racing					
b. Olympics					
c. Baseball					
d. Basketball					
e. Horse racing					
f. Wrestling					
g. Hockey					
79. Car rides					
80. Shopping					
81. Out to dinner					
82. Health club					
83. Amusement parks					
84. Going camping					
85. Vacations					
86. Visiting beach					
87. Visiting mountains					
SOCIAL					
88. Talking with others					
89. Having other listen					
90. Being praised					
91. Being touched					
92. Being hugged					
93. Visiting friends					
94. Group activities					
95. Activity with one other					

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DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
	MISCELLANEOUS				
96. Looking at magazines					
97. Looking at books					
What kind?					
a.					
b.					
c.					
98. Work jigsaw puzzles					
HELPING AROUND THE HOUSE					
99. Setting the table					
100. Making bed					
101. Vacuuming					
102. Washing dishes					
103. Dusting					
104. Going on errands					
105. Yard work					
106. Cooking					
PERSONAL APPEARANCE					
107. Getting new clothes					
108. Putting on makeup					
109. Going to beauty parlor					
110. Getting new clothes					
111. Other					
a.					
b.					
c.					
OTHER EVENTS AND ACTIVITIES					
112.					
113.					
114.					
115.					

REINFORCEMENT INVENTORY

How much time does the person spend in the following activities (e.g., hours, minutes)?

ACTIVITIES	HOURS	MINUTES
	Watching television	
Listening to music		
Interacting with others		
Alone		
Reading		
Organized sports		
Working		
Sleeping		

List below those events that the person does or requests more than:

5 times a day? _____

10 times a day? _____

15 times a day? _____

20 times a day? _____

What is the person's most favorite thing to do? _____

What is the person's least favorite thing to do? _____

What does the person ask for most often? _____

What does the person complain about most? _____

What does the person seem to try to avoid the most? _____