## What's Important TO John:

- Staying connected to his family-Celebrating birthdays with his brother and sister, having lots of pictures of his family and talking to them on the phone
- > His girlfriend Cheryl
- Doing things for himself and making his own decisions
- Working and making money –for now that means shredding at the Courthouse and SASMG, contract work at the workshop and occasional opportunities to be a Person Centered Thinking Trainer, which he really loves!
- Spending time with his friends (David, Bobby and Richard)
  - o Going out to eat, Movies, shopping
- Cooking and baking (Pies, waffles and desserts)

#### **Desired Activities**

- Meeting up with friends he knew from Club Connect
- > Summer camp
- Shopping, going out to eat, movies, sporting events, bowling, Outdoor Music Concerts
- Arc Events and Self-Advocacy Groups
- Weekend trips, Vacation to FL

### John's One Page Profile



# What do people like and admire about John?

- Devoted to his family
- Daring and gutsy
- A happy person who makes others smile
- Self Confident
- Helpful
- Devoted to his Work
- Dependable
- Friendly and caring
- Courageous, trustworthy and kind

### Important FOR John:

- Feeling safe for John this means having confidence he can safely evacuate his home in case of a fire
- > Having a wheelchair that folds
- Carrying contact information in his pack
- Taking prescribed medication (no alcohol)

### Know and Do:

- John will let you know when he wants to call or visit his family/friends. Help him make the call and arrangements.
- Accessibility and adaptations (for fine motor tasks) are needed so that he can be as independent as possible.
- Help John look his best but only offer assistance when he needs it (Always assist with getting in/out of shower, washing his hair/back)
- Sometimes it is hard for other people to understand what John is saying, he is patient and will repeat what he is saying, but may need your help to translate with people that don't know him well.
- Help John use the stove/microwave as he is afraid of getting burned