



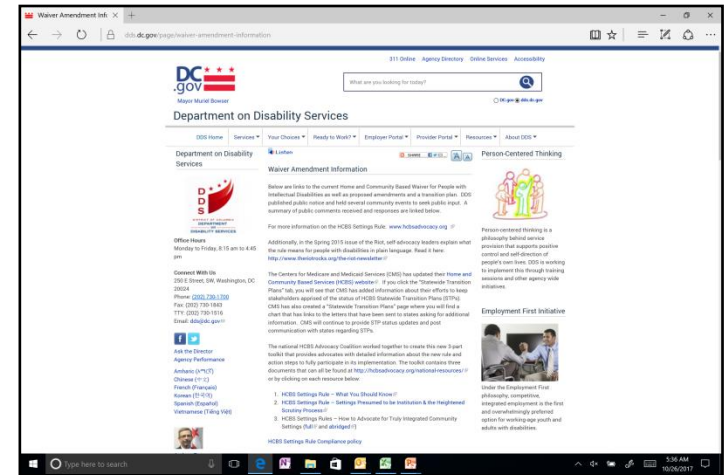
Home and Community Based Services Waiver for Individuals with Intellectual and Developmental Disabilities



DC Supporting Families Community of Practice
December 8, 2017

HCBS Materials

- Waiver Renewal Application
- Statewide Transition Plan
- Current Waiver
- Rate Books
- PowerPoints



<http://dds.dc.gov/page/waiver-amendment-information>



Waiver Renewal Timelines

- **Effective November 20, 2017**
 - Expiration of current 5-year waiver: November 19, 2017
 - CMS approved waiver renewal application
 - Submitted proposed package of amended regulations to EOM
 - Rate changes by January 1, 2018
(tied to Living Wage)





Waiver Capacity

Waiver Year	Total # of People Served
Year 1 (11/2017 – 2018)	1822 (+70)
Year 2 (11/2018 – 2019)	1872 (+50)
Year 3 (11/2019 – 2020)	1902 (+30)
Year 4 (11/2020 – 2021)	1932 (+30)
Year 5 (11/2021 – 2022)	1962 (+30)

- Dependent on budget for local match
- Will reserve up to 20 slots per year for youth transitioning from CFSA and for people living in ICFs
- 30 slots starting in WY3 to account for an Individual and Family Support (IFS) Waiver





Changes to Services for People who Live at Home with Families



High Acuity In Home Supports

- For people with complex medical or behavioral health conditions who live with their families
- Includes greater care coordination
- Requires development of a Health Promotion Activity Plan + training for implementation with in home staff, family and day services

Remote Support

- In Home Supports, Supported Living Periodic & Job Coaching
- Supports may be provided through phone or other technological means
- Up to 20% - must be in ISP



Family Training

- For families of people who live at home
- Provided by peers or professionals
- Individual and small group





Changes to Support Services

Parenting Support

- Training for people with I/DD to building necessary parenting skills
- Available to expectant parents, and parents with physical custody, visitation rights or parents who are pursuing reunification with their child
- Provided by peers or professionals
- Individual and small group



Speech Therapy

- Clarify that service may be offered at home, day program, or in the community
- Create a new small group (1:3) service – a person may use individual and small group speech therapy



Assistive Technology

- An item, piece of equipment, service animal or system that is used to increase, maintain, or improve functional capabilities and can also support increased community inclusion and/ or employment.
- Service directly assists a person in the selection, acquisition, or use of an assistive technology.
 - Evaluation
 - Purchasing
 - Training
 - Maintenance
- Capped at \$10,000/ 5 years

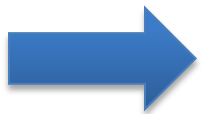


Changes to Residential Services



HCBS Settings Rule

- Requires full compliance with the HCBS Settings Rule at time of waiver renewal -- November 20, 2017:
 - All new settings (day or residential)
 - All Supported Living and Supported Living with Transportation homes
 - All Host Homes
 - All Residential Habilitation



All Residential Settings

Statewide Transition Plan

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
7500 Security Boulevard, Mail Stop S2-14-26
Baltimore, Maryland 21244-1850



Disabled & Elderly Health Programs Group

October 6, 2017

Claudia Schlosberg
Director
District of Columbia Department of Health Care Finance
441 4th Street, NW, 900S
Washington, DC 20001

Dear Ms. Schlosberg:

This letter is to inform you that CMS is granting the District of Columbia **initial and final approval** of its Statewide Transition Plan (STP) to bring settings into compliance with the federal home and community-based services (HCBS) regulations found at 42 CFR Section 441.301(c)(4)(5) and Section 441.710(a)(1)(2). Initial approval is granted when the state has completed its systemic assessment, has included the outcomes of this assessment in the STP, and has clearly outlined remediation strategies to rectify issues that the systemic assessment uncovered. Final approval is granted when the state has completed its site-specific assessment, has included the outcomes of this assessment in the STP, has clearly outlined remediation strategies to rectify issues that the site-specific assessment uncovered, and has laid out its heightened scrutiny, monitoring and beneficiary communication processes clearly.

The District submitted the April 2017 draft of the STP for a 30-day public comment period, made sure information regarding the public comment period was widely disseminated, and responded to and summarized the comments in the STP submitted to CMS. CMS provided feedback on August 15, 2017 and requested several technical changes be made to the STP in order for the District to receive initial and final approval. These changes did not necessitate another public comment period. The District subsequently addressed all issues and resubmitted an updated version on September 29, 2017. A summary of the technical changes made by the District is attached.

The District of Columbia's responsiveness in addressing CMS' remaining concerns related to the systemic and site specific assessments and remediation strategies expedited the approval of its STP.

The District is encouraged to work collaboratively with CMS to identify any areas that may need strengthening with respect to the District's remediation and heightened scrutiny processes as the District implements each of the key elements of the transition plan. Optional quarterly reports



**Initial &
Final
Approval**

HCBS Settings Rule

a	The home ensures a person's rights of privacy, dignity, respect and freedom from coercion and restraint.											
	1	People help you in private, when appropriate.										
		SL: YES	698	HH: YES	65	RH: YES	115					
	2	You know how to file an anonymous complaint (without telling your name)										
		SL: YES	356	HH: YES	28	RH: YES	47					
	3	Your health information or other personal information (mealtime protocols, therapy schedules) is kept private.										
		SL: YES	719	HH: YES	67	RH: YES	114					
	4	Staff does not talk about your private information in front of other people.										
		SL: YES	662	HH: YES	62	RH: YES	106					
	5	Staff in your home calls you by your name or a nickname that you like.										
		SL: YES	738	HH: YES	63	RH: YES	122					

HCBS Settings Rule

b	The home optimizes a person's initiative, autonomy, and independence in making life choices.												
6	You make your own schedule and can decide when to get up, take a bath or shower, and what activities you want to participate in.												
	SL: YES	623	HH: YES	49	RH: YES	98							
7	You have opportunities to learn about and participate in self-advocacy groups (such as Project Action!).												
	SL: YES	397	HH: YES	32	RH: YES	56							



Residential Habilitation

- New settings are limited to 4 persons/ home
- Existing settings are grandfathered – but no new referrals until less than 4 people in the home.



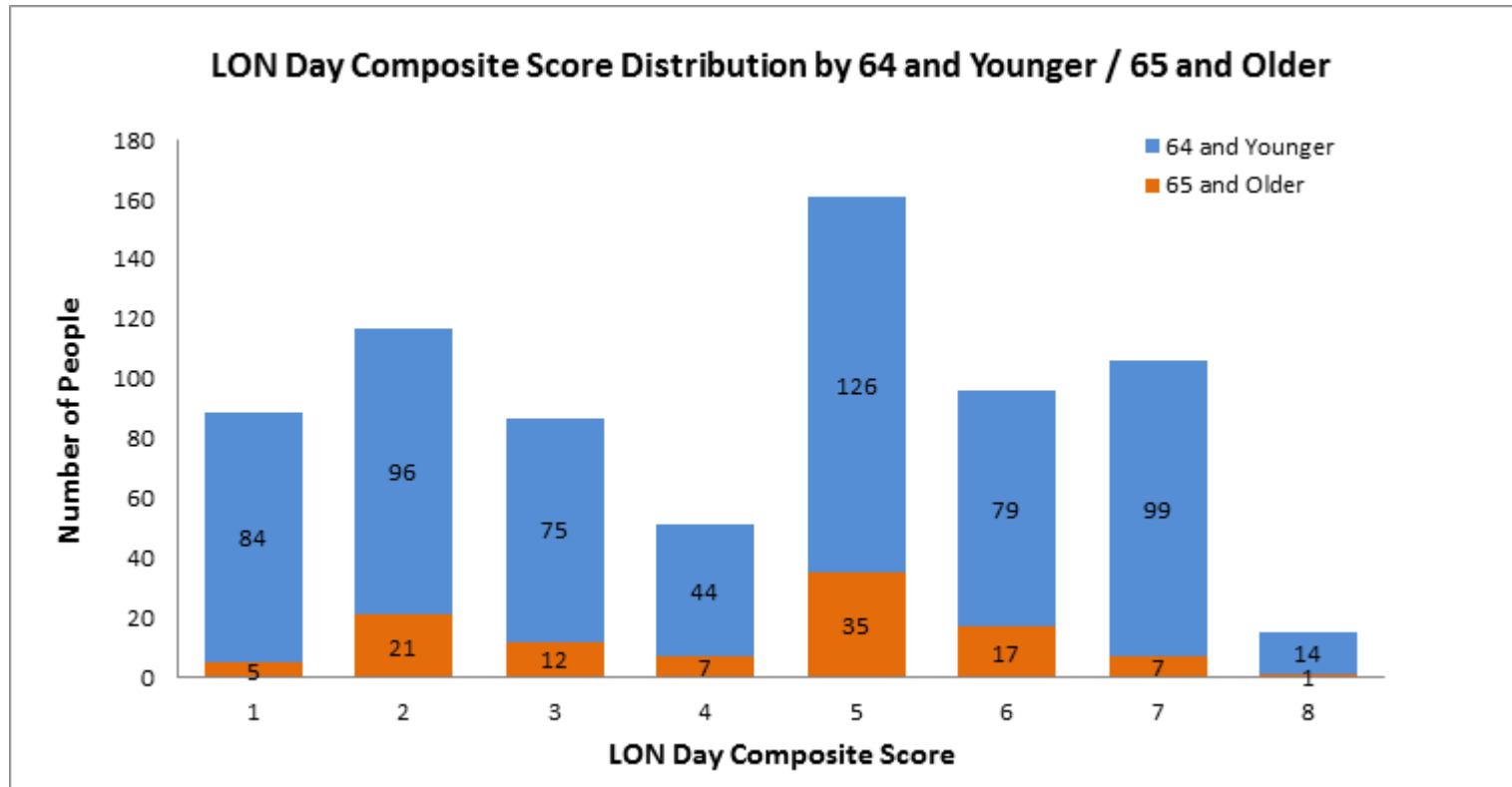


Changes to Day Services

Day Habilitation

- People with a low LON cannot use Day Habilitation
- People with a medium LON cannot use Day Habilitation in their first year of service
- No one can attend Day Habilitation for more than 24 hours/ week
- Set a size limitation – no more than 50 people on site at a setting, except for drop off and pick up.
- Alternative community day and employment supports available

Day Habilitation LON Distribution





Employment Readiness

- Time limit Employment Readiness
- Employment Readiness must become VR providers
- Set a size limitation – no more than 50 people on site at a setting, except for drop off and pick up.
- Alternative community day and employment supports available

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Eliminated Services

- **Environmental Adaptation Accessibility** – Minimal utilization
- **Vehicle Modification** – No utilization
- **Personal Emergency Response System** – Included in Assistive Technology

Questions and Discussion

