

Financial Resource Guide for Washington, DC

Help to Get and Keep a Job or Business

Name	What They Do	Phone/Email	Web Link
Department on Disability Services	Helps people with disabilities find jobs and keep them. It also helps people start their own businesses.	202-730-1700	https://dds.dc.gov/service/vocational-rehabilitation-services AND https://dds.dc.gov/service/supported-employment-dda-and-rsa
Infinity Support Services	Helps you learn how work may change their benefits like SSDI, SSI, Medicare and Medicaid	888-633-3510	https://infinityss.org/
Department of Employment Services	Helps people find job training, get jobs, join apprenticeships, and helps youth find work.	202-724-7000	https://does.dc.gov
Department of Behavioral Health	Helps people with mental illness get and keep jobs	202-673-2200	https://dbh.dc.gov/service/adult-services
Small Business Hub	Helps people with disabilities start or grow their own businesses	202-296-2040	https://www.disabilitysmallbusiness.org/
Department of Small and Local Business Development	Help people to start small businesses in DC	202-727-3900	https://dslbd.dc.gov/services
SCORE (Service Corps of Retired Executives)	Gives people free advice from retired business owners on how to start and run a business.	800-634-0245	https://www.score.org/washingtondc

Latino Economic Development Center	Gives loans and guidance to help people start small businesses.	202-540-7400	https://www.ledcmetro.org/
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Getting Your Taxes Done for Free and Getting Bigger Tax Refunds (Earned Income Tax Credit)

Name	What They Do	Phone/Email	Web Link
Get Taxes Done for Free	Helps people who make less than \$67,000 get their taxes done at no cost.	202-727-8000	https://disb.dc.gov/page/free-tax-preparation-sites
DC Earned Income Tax Credit	Helps people with low or moderate incomes pay less in DC taxes or get a larger refund.	202-727-8000	https://disb.dc.gov/page/earned-income-tax-credit-campaign

Learning about Money and Getting Help to Manage Your Money

Name	What They Do	Phone/Email	Web Link
Financial Empowerment Center	Offers one-on-one coaching to help people save money, reduce debt, improve credit, and open bank accounts.	202-682-6572 FEC@upo.org	https://disb.dc.gov/sites/default/files/dc/sites/disb/page_content/attachments/DISB_OnePager_Financial_Empowerment_C1.pdf%20v3.pdf
Financially Fit DC	Gives online lessons to help people plan spending, build credit, buy a	202-727-8000	https://welcome.financiallyfitdc.com

	home, save for retirement, and plan for the future.		
Financial Webinars	Offers online classes on many different money topics		https://disb.dc.gov/node/1769956
Returning Citizens Toolkit	Gives financial information for people who are leaving prison.	202-727-8000	https://disb.dc.gov/node/1704851
National Disability Institute	Helps people with disabilities learn about money, make good financial choices, manage money, and feel more in control.	202-296-2040	https://www.nationaldisabilityinstitute.org/financial-wellness/financial-capability/
Practical Money Skills for Life	Teaches easy-to-understand money skills for both kids and adults.		https://www.practicalmoneyskills.com/en
Money Smart	Helps people learn about many different money topics		https://www.fdic.gov/consumer-resource-center/money-smart
Your Money, Your Goals	Gives people tools to help them reach their financial goals.		https://www.consumerfinance.gov/consumer-tools/educator-tools/your-money-your-goals/
Purple (App)	Helps people who get SSI plan, save, track spending, and keep their benefits.		https://www.withpurple.com/
My Budget Coach (App)	Phone app that helps people manage their money.		https://www.mybudgetcoach.com/
True Link Prepaid Card	A card that lets people set their own spending rules.		https://www.truelinkfinancial.com/

Saving Money or Property

Name	What They Do	Phone/Email	Web Link
BankonDC	Helps people open bank accounts so they do not have to pay high fees for cashing checks or getting loans.	202-727-8000	https://bankondc.org/
DC Opportunity Accounts	Help people save money by matching their savings up to four times the amount. Savings can be used for school, buying a home, starting a business, or retirement.	202-727-8000 OpportunityAccounts@thecommunityfoundation.org	https://disb.dc.gov/page/dc-opportunity-accounts
DC ABLE Accounts	Help people with disabilities save money without losing SSI or Medicaid benefits.	888-609-3458	https://savewithable.com/dc/home.html
America Saves for Young Workers	Helps employers give young workers tools to save part of their pay.		https://americasavesforyoungworkers.org/
Latino Economic Development Center	Helps people buy their first home	202-540-7400	https://www.ledcmetro.org/
Home Purchase Assistance Program	Helps people buy their first home		https://dhcd.dc.gov/service/home-purchase-assistance-program

Habitat for Humanity	Helps people buy affordable homes if they volunteer with the program.		https://www.habitatdcnova.org/w-hat-we-do/homeownership/
DC College Savings Plan	Helps parents save money for their children's college costs.	800-987-4859	https://www.dccollegesavings.com/

Money, Food and Health Care from the Government

Name	What They Do	Phone/Email	Web Link
Social Security	Gives money each month to persons with disabilities who qualify for SSDI or SSI	800-772-1213	www.ssa.gov
TANF (Temporary Assistance for Needy Families)	Gives money and other help to families with children who have very low incomes.		https://dhs.dc.gov/service/tanf-district-families
WIC (Women, Infants and Children)	Provides food help to pregnant women and families with children up to age five.		https://www.dcwic.org/
Utility Discount Program	Lowers gas and electric bills for people with low incomes.	202-626-5100	https://dcpssc.org/Consumers-Corner/Programs/Utility-discount-programs,-bill-credits-and-other.aspx
Energy Assistance (LIHEAP)	Lowers heating and cooling costs for people with low incomes.		https://doee.dc.gov/liheap

PEPCO	Offers ways to lower energy costs and make utility payments easier.		https://pepco.com – look for auto pay, budget billing, energy savings finder, energy wise rewards
DC Water	Lowers water bills for people with low incomes.		https://www.dewater.com/customer-center/financial-assistance/customer-assistance
SNAP (Food Stamps)	Gives money to help people buy food.		https://dhs.dc.gov/service/supplemental-nutrition-assistance-program-snap
Capital Area Food Bank	Helps you find places that give free food near where they live	202-644-9807	https://www.capitalareafoodbank.org/find-food-assistance/
DPR Veggie Giveaway	Gives people free vegetables		https://dprveggies.splashthat.com/
Salvation Army	Gives emergency help with food or money.		https://southernusa.salvationarmy.org/nca/gethelp/
Medicaid	Free health insurance to people with disabilities and low-income families who qualify.		https://dhcf.dc.gov/service/medicaid
Healthy Babies Project	Gives support to people who are pregnant or raising young children.	202-396-2809	https://www.healthybabiesproject.org/
Help Me Grow DC	Helps pregnant people and families with children up to age five.	202-442-5955	https://helpmegrow.dc.gov/