



GOVERNMENT OF THE DISTRICT OF COLUMBIA
DEPARTMENT ON DISABILITY SERVICES

DDS TRANSMITTAL#19-1

TO: Developmental Disabilities Administration Residential Habilitation Providers

FROM: Erin Leveton, Deputy Director for the Quality Assurance and Performance Management Administration

DATE: February 19, 2019

RE: NEW Health and Wellness Standard 27: Family Caregiver Health Care Management Plans

The Department on Disability Services (DDS), Developmental Disabilities Administration (DDA) releases a new Health and Wellness Standard, number 27, Family Caregiver Health Care Management Plans (also referred to as Health Promotion Activity Plans (HPAPs)), which are for people who need High Acuity In-Home Supports through the Home and Community-Based Services Waiver. The effective date of Standard 27 is April 2, 2019.

High Acuity In-Home Supports is a new waiver service for people with high intensity medical or behavioral health needs, as evidenced by the Level of Need 6 or higher who have been identified as needing additional Health and Wellness supports. In addition to the typical array of supports available through In-Home Supports, high acuity in-home supports include the following:

1. Assistance in the coordination of behavioral, health and wellness services that a person may receive, including working with the person's natural supports, if any, to ensure that each person enrolled in the Waiver receives the professional services required to meet his or her goals as identified in the person's Individual Support Plan (ISP) and Plan of Care;
2. Development and implementation of the person's Family Caregiver Health Care Management Plan, in accordance with the DDS Health and Wellness Standards;
3. Training on the Family Caregiver Health Care Management Plan for high acuity in-home supports Direct Support Professionals and any other residents of the person's home who provide natural (unpaid) supports; and
4. Supports to ensure that staff delivering day habilitation, individualized day supports, companion, employment readiness, or supported employment services shall receive training about the person's health care needs as identified in the person's Family Caregiver Health Care Management Plan, and are informed about those needs that are



relevant to the person in those settings and that are identified in the person's Health Care Management Plan and Behavior Support Plan, if applicable.

29 DCMR §1916.4 (March 2, 2018).

This Standard creates a new Family Health Care Management Plan, also referred to as HPAPs. HPAPs are living documents for both chronic and acute conditions that summarize the person's diagnoses, care and treatment information, for use by the person and their caregivers to improve the person's health care and health or maintain the person's optimal health. Under this new standard, providers' Registered Nurses are charged with developing individualized, person-centered HPAPs for people receiving High Acuity In-Home Supports and training the person, family and caregivers on how to understand each HPAP and operationalize it.

If you have any questions about this new Health and Wellness Standard, please contact Chioma Nwachukwu, DNP, RN, APHN-BC, Supervisory Nurse Consultant, at 202-615-8268 or chioma.nwachukwu@dc.gov.

In closing, DDS thanks the Home and Community Based Settings Advisory Group and the In-Home Supports providers for their feedback, review and recommendations as we developed this new Standard.