

Definition of Positive Behavior Support

Positive Behavior Support (PBS): Positive Behavior Support (PBS) is an evidence-based, person-centered approach to preventing challenging behavior that is based on a functional assessment of the behavior and the circumstances under which it occurs. PBS strategies strengthen existing skills and teach new behaviors that serve the same functional purpose as the challenging behavior, making the challenging behavior unnecessary. Through positive reinforcement strategies and modifications to the environment, PBS changes the opportunities a person has for independence, access to meaningful activities, and community integration.