## Statewide Assessment Home and Community Based Settings Governing Regulations-Assisted Living Residences

Section of the Rule	Type of Setting	Issue	Oppose/Sil ent/ Positive	# of sites	Remedial Strategy	Lead Agency
(a) The setting ensures an individual's rights of privacy, dignity, respect, and freedom from coercion and restraint	Assisted Living Residences	Assisted Living Residences law requires that:Philosophy of care§44-101.02.(a) The philosophy of assisted living emphasizes personal dignity, autonomy, independence, privacy, and freedom of choice. Further, the services and physical environment of an assisted living residence should enhance a person's ability to age in place in a homelike setting by increasing or decreasing the amount of assistance in accordance with the individual's changing needs.Self- Determination, Choice, Independence, Participation , and Privacy§44-105.02 a) A resident shall have the right to be treated at all times as follows: (1) Courteously;(2) Respectfully; (3) With full recognition of	Positive	All - 14		DOH

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		<ul> <li>personal dignity and individuality;</li> <li>(4) With assurance of privacy and the opportunity to act autonomously and share in the responsibility for decisions.</li> </ul>			DON
b. The setting optimizes individual initiative, autonomy, and independence in making life choices	Assisted Living Residence	Assisted Living Residences law requires that:Philosophy of care§44-101.02.(a) The philosophy of assisted living emphasizes personal dignity, autonomy, independence, privacy, and freedom of choice. Further, the services and physical environment of an assisted living residence should enhance a person's ability to age in place in a homelike setting by increasing or decreasing the amount of assistance in accordance with the individual's changing needs.Self- Determination, Choice, Independence, Participation , and Privacy§44-105.02A resident of an ALR shall have the right to live in an environment that:(1) Maintains and enhances the resident's dignity, independence, and respect in full recognition of his or her individuality and physical and mental capabilities;(2) Is creatively designed to counter loneliness, depression, dependence, boredom, and designed to manage	Positive	All - 14	DOH
		<ul><li>difficult behavior;</li><li>(3) Provides opportunities for socialization, social interaction, leisure</li></ul>			

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activities, and spiritual and religious		
activities consistent with the preferences		
and background of the resident; and		
(4) Facilitates participation by arranging		
for transportation and assisting with communication and social skills and		
other services.		
other services.		
Dignity		
§44-105.03		
A resident shall have the right to the		
following:		
lonowing.		
(1) A safe, clean, comfortable,		
stimulating, and homelike environment		
allowing the resident to use personal		
belongings to the greatest extent		
possible;		
(2) Control time, space, and lifestyle;		
(2) Control time, space, and mestyle,		
(3) Free access to visitors of his or her		
choice;		
(4) To receive and send correspondence		
without any restrictions;		
while any restrictions,		
(5) To maintain personal possessions to		
the extent the health, safety, and well-		
being of others is not disturbed;		
(6) To remain in his called line as '		
(6) To remain in his or her living unit		
unless a change corresponds to the uncoerced preference of the resident or		
conforms to the obligations set forth in		
the resident's contract respecting		
discharge and is related to the resident's		
preference or to transfer conditions		
stipulated in his or her contract with the		
ALR;		
(7) To compare his solution (		
(7) To approve his or her roommate		
whenever possible, if the resident is		

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		living in a semi- private unit;				
		(8) To attend or not attend religious services of his or her choice;				
		(9) To choose activities and schedules consistent with his or her interests, and physical, mental, and psychosocial well- being;				
		(10) To interact with members of the community inside and outside the facility and make choices about aspects of his or her life in the facility that are significant to the resident;				
		(11) To be free from mental, verbal, emotional, sexual and physical abuse, neglect, involuntary seclusion, and exploitation; and				
		(12) To participate in the development, implementation, and review of plans designed to provide services to residents, including the Individualized Service Plan.				
c. The setting facilitates individual choice regarding services and supports, and who provides them	Assisted Living Residence	Assisted Living Residences law requires that:Philosophy of care§44-101.02.(a) The philosophy of assisted living emphasizes personal dignity, autonomy, independence, privacy, and freedom of choice. Further, the services and physical environment of an assisted living residence should enhance a person's ability to age in place in a homelike setting by increasing or decreasing the amount of assistance in accordance with the individual's changing needs.	Positive	All - 14	There will be a stipulation in the newly developed regulation added that requires all Assisted Living Residences participating in the waiver program to comply with established Home and Community Based Waiver Services rules. [Under discussion.]	DOH
		Accommodation of Needs				

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		§44-105.04				
		A resident shall have the right to the following:				
		(1) To receive adequate and appropriate services and treatment with reasonable accommodation of individual needs and preferences consistent with their health and physical and mental capabilities and the health or safety of other residents;				
		(2) To have access to appropriate health and social services, including social work, home health, nursing, rehabilitative, hospice, medical, dental, dietary, counseling, and psychiatric services in order to attain or maintain the highest practicable physical, mental and psychosocial well-being;				
		(3) To remain in the current setting, forgoing a recommended transfer to obtain additional services as contracted for by the resident or secure additional services in a manner acceptable to the ALR;				
		(4) To engage in a shared responsibility agreement with the ALR which is acceptable to the resident and the ALR and does not violate any applicable law;				
		(5) To refuse to participate in any service once the potential consequences of such participation have been explained and a shared responsibility agreement has been reached, if necessary, between the resident, the surrogate, and the ALR;				
		(6) To be free of physical restraints at all times; and				
		(7) To be free of chemical restraints.				
d. The setting provides	Assisted	Assisted Living Residences law does	Silent	All -14	Although the residents of an	DOH

opportunities to seek	Living	not specifically address this provision.			assisted living, through their	
employment and work	Residence				resident agreements, have control	
in competitive					of their personal resources and	
integrated settings,					community engagement, the law	
engage in community					does not specifically address this	
life, and control					requirement.	
personal resources.					Typically, assisted living residences in the District of Columbia provide services to the elderly and retirees. There are plans are to draft Assisted Living Residence regulations. This requirement will be recommended to be included as a standard to address this requirement. <i>If this new regulation is not</i> <i>approved overall, there will be a</i> <i>stipulation in the regulation added</i> <i>that requires all Assisted Living</i> <i>Residences participating in the</i> <i>waiver program to comply with</i> <i>established Home and Community</i> <i>Based Waiver Services rules.</i>	
					[Under discussion.]	
e. The setting is integrated and supports access to the greater	Assisted Living Residence	Assisted Living Residences law requires that:	Positive	All -14		DOH
community	Residence	Self- Determination, Choice,				
community		Independence, Participation , and				
		Privacy				
		§44-105.02				
		(b) A resident of an ALR shall have the				
		right to live in an environment that:				
		(1) Maintains and enhances the resident's				
		dignity, independence, and respect in full				
		recognition of his or her individuality and				
		physical and mental capabilities;				
		(2) Is creatively designed to counter				
		loneliness, depression, dependence,				
		boredom, and designed to manage				
		difficult behavior;				

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<ul> <li>(3) Provides opportunities for socialization, social interaction, leisure activities, and spiritual and religious activities consistent with the preferences and background of the resident; and</li> <li>(4) Facilitates participation by arranging for transportation and assisting with communication and social skills and other services.</li> </ul>		
Dignity		
<b>§44-105.03</b>		
A resident shall have the right to the following:		
(1) A safe, clean, comfortable, stimulating, and homelike environment allowing the resident to use personal belongings to the greatest extent possible;		
(2) Control time, space, and lifestyle;		
(3) Free access to visitors of his or her choice;		
(4) To receive and send correspondence without any restrictions;		
(8) To attend or not attend religious services of his or her choice;		
(9) To choose activities and schedules consistent with his or her interests, and physical, mental, and psychosocial well- being;		
(10) To interact with members of the community inside and outside the facility and make choices about aspects of his or her life in the facility that are significant to the resident;		

f. The setting provides	Assisted	Assisted Living Residences law	Positive	All -14	The new regulations drafted will	DOH
opportunities to engage	Living	requires that:			incorporate a provision that food	
in community life	Residence	Self- Determination, Choice,			must be accessible to residents at all times.	
		Independence, Participation , and				
		Privacy			If this new regulation is not	
		8 44 40 5 0 5			approved overall, there will be a	
		§ 44-105.02			stipulation in the regulation added that requires all Assisted Living	
		A resident of an ALR shall have the right			Residences participating in the	
		to live in an environment that:			waiver program to comply with	
					established Home and Community	
		(1) Maintains and enhances the resident's			Based Waiver Services rules.	
		dignity, independence, and respect in full recognition of his or her individuality and			[Under discussion.]	
		physical and mental capabilities;				
		(2) Is creatively designed to counter				
		loneliness, depression, dependence, boredom, and designed to manage				
		difficult behavior;				
		· · · · · · · · · · · · · · · · · · ·				
		(3) Provides opportunities for				
		socialization, social interaction, leisure				
		activities, and spiritual and religious activities consistent with the preferences				
		and background of the resident; and				
		(4) Facilitates participation by arranging				
		for transportation and assisting with communication and social skills and				
		other services.				
		Dignity				
		§44-105.03				
		A resident shall have the right to the				
		following:				
		A safe, clean, comfortable, stimulating,				
		and homelike environment allowing the				
		resident to use personal belongings to the				
		greatest extent possible;				

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		(2) Control time, space, and lifestyle;				
		(3) Free access to visitors of his or her choice;				
		(4) To receive and send correspondence without any restrictions;				
		(8) To attend or not attend religious services of his or her choice;				
		(9) To choose activities and schedules consistent with his or her interests, and physical, mental, and psychosocial well- being;				
		(10) To interact with members of the community inside and outside the facility and make choices about aspects of his or				
		her life in the facility that are significant to the resident;				
g. the setting provides	Assisted	Assisted Living Residences law		All -14	Clarification Note:	DOH
opportunities to control personal resources	Living Residence	requires thatPhilosophy of care§44-101.02.(a) The philosophy of assisted living emphasizes personal dignity, autonomy, independence, privacy, and freedom of choice. Further, the services and physical environment of an assisted living residence should enhance a person's ability to age in place in a homelike setting by increasing or decreasing the amount of assistance in accordance with the individual's changing needs.Dignity§44-105.03			Each resident is individually assessed to determine the level of supports needed. The financial agreement is drafted specifically to address the personal needs and desires of the identified resident based their input and/or of their designee.	
		A resident shall have the right to the				
		following:				

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		<ul> <li>(5) To maintain personal possessions to the extent the health, safety, and wellbeing of others is not disturbed</li> <li>Financial agreements</li> <li>§ 44-106.03.</li> <li>a) The written resident agreement include financial provisions which indicate the following: (1) The obligations of the ALR, the resident, or the resident's surrogate as to performance of the following: (A) The handling of the finances of the resident; (B) The purchasing or renting of essential or desired equipment and supplies; (C) The coordinating and contracting for services not covered by the resident agreement; and (D) The purchasing of medications and durable medical equipment; (2) Separate and accurate records of all funds and personal property deposited with or managed by the ALR for the benefit of a resident which include a receipt stating the date, amount, and purpose of any transaction and the current balance</li> </ul>			
h. The setting provides opportunities to receive services in the community to the same degree of access as individuals not receiving Medicaid HCBS	Assisted Living Residence	Assisted Living Residences law requires thatAccommodation of needs.§ 44-105.04.A resident shall have the right to the following:(1) To receive adequate and appropriate services and treatment with reasonable accommodation of individual needs and preferences consistent with their health and physical and mental capabilities and the health or safety of other residents;	Positive	All -14	DOH

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i. The setting is selected by the individual from among other options including non-disability specific settings and a private unit in a	Assisted Living Residence	<ul> <li>(2) To have access to appropriate health and social services, including social work, home health, nursing, rehabilitative, hospice, medical, dental, dietary, counseling, and psychiatric services in order to attain or maintain the highest practicable physical, mental and psychosocial well-being;</li> <li>(3) To remain in the current setting, forgoing a recommended transfer to obtain additional services as contracted for by the resident or secure additional services in a manner acceptable to the ALR;</li> <li>Assisted Living Residences law does not address this requirement.</li> </ul>	Silent	All -14	DOH is not responsible for placement services. DOH's regulatory oversight in this domain occurs after placement.	DOH
residential setting j. If provider-owned or controlled, the setting provides a specific unit/dwelling that is owned, rented, or occupied under a legally enforceable agreement.	Assisted Living Residence	Assisted Living Residences law states that:         Resident agreements.         § 44-106.02.         (a) A written contract must be provided to the resident prior to admission and signed by the resident or surrogate, if necessary, and a representative of the ALR. The nonfinancial portions of the contract shall include the following:         Unit assignment and procedures if changes occur	Positive	All-14		DOH

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k. If provider –owned or	Assisted	Assisted Living Residences law	Positive	All -14	As we discussed, the District will	DOH
controlled, the setting	Living	requires:			continue to comply with D.C. Law	
provides the same	Residence				6-108, the transfer discharge law,	
responsibilities/protectio		§ 44-106.08. Discharge and transfer.			which provides each resident due	
ns from eviction as all		(a) When a resident wishes to be			process.	
tenants under landlord		discharged from an ALR, the resident or				
tenant law of state,		surrogate shall give 30 day written notice				
county, city or other		to the ALR.				
designated entity						
		(b) When a sudden, unexpected, and life-				
		threatening medical emergency arises				
		necessitating the immediate transfer of				
		the resident to an acute care facility, the				
		ALR shall immediately notify the				
		surrogate and the resident's healthcare				
		provider of the transfer. The ALR shall				
		provide the surrogate and healthcare				
		provider with information concerning				
		cause of the transfer and the name and				
		location of the acute care facility.				
		(c) After a resident is transferred				
		pursuant to subsection (b) of this section,				
		his or her return to the ALR shall be				
		determined by the renegotiation of the				
		ISP with the resident or surrogate, the				
		resident's healthcare provider, and the				
		ALR. If, in renegotiating the ISP, the				
		interested parties determine that the				
		resident can no longer safely reside at the				
		ALR, discharge planning shall take place				
		in consultation with the resident or				
		surrogate, the resident's healthcare				
		provider, and the ALR. Under these				
		circumstances the ALR shall waive the				
		30 day notice requirement.				
		(d) Before a resident may be discharged				
		on an involuntary basis, the ALR shall				
		provide 30 days written notice to the				
		resident and surrogate of the planned				
		discharge, and make arrangements for the				
		discharge in consultation with the				
		resident, the surrogate, and the				
		healthcare provider. Any involuntary				
		discharge shall conform to the notice and				

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		process established in subchapter III of			
		Chapter 10 of this title.			
		(e) Although an ALR shall make every			
		effort to avoid discharge, grounds for			
		involuntary discharge may include the			
		following:			
		(1) Failure to pay all fees and costs as			
		specified in the contract; and			
		(2) Inability of the ALR to meet the care			
		needs of the resident as provided in the ISP.			
		(f) An involuntary discharge shall be			
		canceled upon the occurrence of one of			
		the following:			
		(1) The payment of all monies owed at			
		any time prior to discharge; or			
		(2) The negotiation of a new ISP.			
l. if the setting is	Assisted	Discharge and transfer.	Positive	All -14	DOH
provider-owned or	Living				
controlled and the	Residence	§ 44-106.08.			
tenant laws do not					
apply, the state ensures		(a) When a resident wishes to be discharged from an ALP, the resident or			
that the lease, residency agreement or other		discharged from an ALR, the resident or surrogate shall give 30 day written notice			
written agreement is in		to the ALR.			
place providing					
protections to address		(b) When a sudden, unexpected, and life-			
eviction processes and		threatening medical emergency arises			
appeals comparable to		necessitating the immediate transfer of			
those provided under		the resident to an acute care facility, the			
the jurisdiction's landlord tenant law.		ALR shall immediately notify the			
landlord tenant law.		surrogate and the resident's healthcare provider of the transfer. The ALR shall			
		provide the surrogate and healthcare			
		provide with information concerning			
		cause of the transfer and the name and			
		location of the acute care facility.			
		(c) After a resident is transferred			
		pursuant to subsection (b) of this section,			
		his or her return to the ALR shall be			
		determined by the renegotiation of the			
		ISP with the resident or surrogate,			
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m. If provider-owned or controlled, the setting provides that each individual has privacy in their sleeping or living unit.	Assisted Living Residence	any time prior to discharge; or (2) The negotiation of a new ISP.Assisted Living Residences law requires that:Self- Determination, Choice, Independence, Participation , and Privacy § 44-105.02	Positive	All -14	DOH
		<ul> <li>(1) Failure to pay all fees and costs as specified in the contract; and</li> <li>(2) Inability of the ALR to meet the care needs of the resident as provided in the ISP.</li> <li>(f) An involuntary discharge shall be canceled upon the occurrence of one of the following: <ul> <li>(1) The payment of all monies owed at</li> </ul> </li> </ul>			
		<ul><li>to the notice and process established in subchapter III of Chapter 10 of this title.</li><li>(e) Although an ALR shall make every effort to avoid discharge, grounds for involuntary discharge may include the following:</li></ul>			
		(d) Before a resident may be discharged on an involuntary basis, the ALR shall provide 30 day written notice to the resident and surrogate of the planned discharge, and make arrangements for the discharge in consultation with the resident, the surrogate, and the healthcare provider. Any involuntary discharge shall conform			
		the resident's healthcare provider, and the ALR. If, in renegotiating the ISP, the interested parties determine that the resident can no longer safely reside at the ALR, discharge planning shall take place in consultation with the resident or surrogate, the resident's healthcare provider, and the ALR. Under these circumstances the ALR shall waive the 30 day notice requirement.			

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Accistod	A resident shall have the right to be treated at all times as follows: (1) Courteously; (2) Respectfully; (3) With full recognition of personal dignity and individuality; (4) With assurance of privacy and the opportunity to act autonomously and share in the responsibility for decisions	Silont	All 14	DOIL will droft regulation to	
Assisted Living Residence	Assisted Living Residences law does not specifically require this provision. The current law states: § 44-110.11 Special requirements for ALRs with 17 beds or more. (e) Living units or bedrooms may be locked at the discretion of the residents, except when the Resident's assessment documents indicate otherwise.	Silent	All -14	DOH will draft regulation to specifically include the language for this provision to apply to all ALRs.	
Assisted Living Residences	<ul> <li>Dignity.</li> <li>§ 44-105.03.</li> <li>A resident shall have the right to the following:</li> <li>(7) To approve his or her roommate whenever possible, if the resident is living in a semi-private unit;</li> </ul>	Positive	All -14		DOH
Assisted Living Residences	Assisted Living Residences law does not specifically require this provision; however, the current law states: Self-determination, choice, independence, participation, and privacy. § 44-105.02. (b) A resident of an ALR shall have the	Positive	All -14	DOH will draft regulation to specifically include the language of this provision.	DOH
	Residence Assisted Living Residences Assisted Living Living	treated at all times as follows:(1) Courteously; (2) Respectfully; (3)With full recognition of personal dignity and individuality; (4) With assurance of privacy and the opportunity to act autonomously and share in the responsibility for decisionsAssisted Living ResidenceAssisted Living Residences law does not specifically require this provision. The current law states: § 44-110.11 Special requirements for ALRs with 17 beds or more. (e) Living units or bedrooms may be locked at the discretion of the residents, except when the Resident's assessment documents indicate otherwise.Assisted Living ResidencesDignity. § 44-105.03. A resident shall have the right to the following: (7) To approve his or her roommate whenever possible, if the resident is living in a semi-private unit; Assisted Living ResidencesAssisted Living ResidencesSelf-determination, choice, independence, participation, and privacy. § 44-105.02.	treated at all times as follows:(1) Courteously; (2) Respectfully; (3)With full recognition of personal dignity and individuality; (4) With assurance of privacy and the opportunity to act autonomously and share in the responsibility for decisionsAssisted LivingAssisted Living Residences law does not specifically require this provision. The current law states: \$ 44-110.11 Special requirements for ALRs with 17 beds or more. 	treated at all times as follows:(1) Courteously; (2) Respectfully; (3)With full recognition of personal dignity and individuality; (4) With assurance of privacy and the opportunity to act autonomously and share in the responsibility for decisionsAssisted Living ResidenceAssisted Living Residences law does not specifically require this provision. The current law states:SilentAll -14Assisted Living ResidenceAssisted require this provision. The current law states:SilentAll -14Assisted Living ResidenceDignity. \$ 44-110.11 Special requirements for ALRs with 17 beds or more. (e) Living units or bedrooms may be locked at the discretion of the residents, except when the Resident's assessment documents indicate otherwise.PositiveAll -14Assisted Living ResidencesDignity. \$ 44-105.03. A resident shall have the right to the following: (7) To approve his or her roommate whenever possible, if the resident is living in a semi-private unit;PositiveAll -14Assisted Living ResidencesAssisted Living Residences law does not specifically require this provision; however, the current law states: Self-determination, choice, independence, participation, and privacy. \$ 44-105.02.PositiveAll -14	Iterated at all times as follows:Iterated at all times as follows:(1) Courteously; (2) Respectfully; (3) With full recognition of personal dignity and individuality; (4) With assurance of privacy and the opportunity to act autonomously and share in the responsibility for decisionsSilentAll -14DOH will draft regulation to specifically require this provision. The current law states: \$ 44-110.11 Special requirements for ALRs with 17 beds or more.SilentAll -14DOH will draft regulation to aspecifically require this provision to act autonomously and be and the sessement documents indicate otherwise.Assisted Living ResidencesDignity. \$ 44-105.03.PositiveAll -14DOH will draft regulation to specifically require this provision; however, the current law states: \$ 144-105.02.Assisted Living ResidencesDignity. \$ 44-105.02.PositiveAll -14Assisted Living ResidencesSelf-determination, choice, independences hav does mot specifically require this provision; however, the current law states: \$ 84-105.02.PositiveAll -14

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raft regulation to include the language e access to food at any
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		A resident shall have the right to the following: (3) Free access to visitors of his or her choice;				
s. If provider-owned or controlled, the setting is physically accessible to the individual.	Assisted Living Residences	<ul> <li>Philosophy of care</li> <li>§44-101.02.</li> <li>Philosophy of care. <ul> <li>(a) The philosophy of assisted living emphasizes personal dignity, autonomy, independence, privacy, and freedom of choice. Further, the services and physical environment of an assisted living residence should enhance a person's ability to age in place in a homelike setting by increasing or decreasing the amount of assistance in accordance with the individual's changing needs.</li> <li>(b) This act shall be interpreted in accordance with the following philosophy of care: <ul> <li>(1) An assisted living residence is a program which combines housing, health, and supportive services for the support of residents aging in place. The function of an assisted living residence is to provide or coordinate personalized assistance through activities, 24-hour supervision, and provision or coordination of health services and instrumental activities of daily living as needed.</li> </ul> </li> </ul></li></ul>	Positive	All-14	Clarification It is unclear why the rules fail to meet the requirement stipulated by CMS. The documented rule provides evidence that ensure individuals are residing in a setting that is physically accessible supports their independence. Furthermore, the rule provides for the individual to age in place and mandates the provider to make accommodations when necessary to support aging in place. Finally, there is a provision to ensure the residence is wheelchair accessible.	DOH

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environment should acknowledge that a		
significant number of residents may have		
some form of cognitive impairment.		
Services and environment should offer a		
balance between choice and safety in the		
least restrictive setting.		
(3) Both the program and environment		
should support resident dignity, privacy,		
independence, individuality, freedom of		
choice, decision making, spirituality, and		
involvement of family and friends.		
involvement of failing and mends.		
(4) Residents should be supported to		
age in place by minimizing the need to		
move through reasonable		
accommodation and, when necessary,		
through coordination and use of home		
health agencies, hospice, rehabilitation		
agencies, and other licensed healthcare		
providers.		
(5) Quality, affordable assisted living		
residence care should be accessible to all		
individuals residing in the District		
regardless of income.		
A		
Accessibility		
An ALR that provides services for		
wheelchair-bound residents, shall insure		
that:		
(1) Doorways and hallways provide a		
clear opening of at least 32 inches; and		
(2) Thresholds exceeding 1/2 inch are		
modified to provide a 1:12 maximum		
slope		
stop•		