



GOVERNMENT OF THE DISTRICT OF COLUMBIA
DEPARTMENT ON DISABILITY SERVICES

DDS TRANSMITTAL #18-3

TO: Home and Community Based Services for People with Intellectual Disabilities Waiver Individualized Day Supports Providers

FROM: Erin Leveton, State Office of Policy, Planning & Innovation

DATE: June 4, 2018

RE: Mapping a Person's Individualized Day Supports Goals to his or her Individual Support Plan Outcomes

The Department on Disability Services (DDS) has recently received several inquiries from Individualized Day Supports (IDS) providers requesting clarification regarding how IDS goals align with the required Individual Support Plan (ISP) outcome domains. IDS goals should map up to the ISP domains, based upon the reason the person is working on the goal.

As a reminder, all ISP outcomes relate to one of the following domains:

- Building Relationships and Spirituality
- Citizenship and Advocacy
- Community Living
- Employment
- Healthy Living
- Safety and Security

IDS goals must be within the following categories:

- Community Membership
- Relationships and Natural Supports
- Career Exploration and Employment
- Retirement (for people 61 or older)
- Community Contribution
- Self-Determination
- Community Navigation
- Wellness/Fitness

Here are some examples of how these might align:

Example # 1 -- Initial Community Integration Plan (I-CIP) goal:

We will assist Janet to decide what kind of volunteering she would like to do. We will





start by focusing on volunteer opportunities involving animals and senior citizens because Janet’s Positive Personal Profile says she likes cats and enjoys helping her grandmother. By day 30, we will have identified the specific types of volunteering Janet wishes to do and where she is able to do those types of volunteering. By day 30, Janet will be able to make an informed choice about what kind of volunteering she wishes to do and where she wishes to volunteer.

This IDS Community Contribution goal would map up to the ISP domain of Citizenship and Advocacy; or, if this is part of discovery and exploration, Employment. If Janet is looking to get to know people in her neighborhood, this could map up to Community Living as well.

Example # 2 - Ongoing Community Integration Plan (O-CIP) goal:

Paul would like to learn how to use the metro by himself. In order to increase his ability to travel on the metro independently through the DC area, we will partner with MTM travel trainers twice a week to work on traveling independently to meet his Community Navigator out in the community. Paul, with assistance from MTM staff and Community Navigator, will map out best route to reach his community navigator for the day. Staff will note on Paul’s progress weekly. By the third month, Paul will be able to independently navigate through the DC metro area via Metro.

ISP Domain	IDS Goal Category	Goal Statement	Activities/ Opportunities	Skill Development	Goal Achievement
Community Living	Community Navigation	Paul will increase his ability to travel on the metro independently through the DC area.	Paul will work with MTM travel trainers twice per week to learn how to travel independently to meet his Community Navigator out in the community.	Paul will develop travel skills that will allow him to get around the DC area independently.	By the third month, Paul will be able to independently navigate through the DC metro area via Metro.

This IDS Community Navigation goal would map up to Community Living. If Paul also had an employment goal, this could fall within the ISP Employment domain.

Please note that DDS is working with the DC Coalition of Disability Services Providers to review the I-CIP and O-CIP templates and requirements to see if they can be streamlined. We are also working on a plan for ongoing sharing of information and promising practices. If you would like to be a part of this discussion, please contact Emily Price at emily.price@dc.gov.