



DISTRICT OF COLUMBIA
DEPARTMENT
on
DISABILITY SERVICES

Recommended Cardiopulmonary resuscitation, CPR Drills

Presented by
Health & Wellness

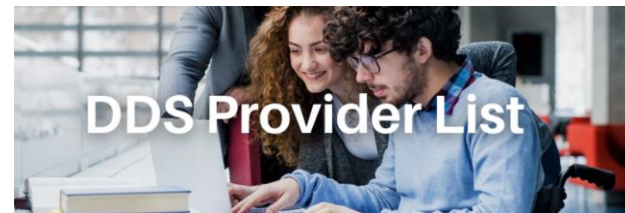


Objective

- To be able to discuss the importance of conducting Cardiopulmonary Resuscitation, CPR Drills.
- To be able to discuss when to stop/hand-off during CPR.

Gaps

- Mortality Review Committee, MRC,
- Emergency Medical Services, EMS
- Provider incident reports



Sample Drill

Personnel needed:

One Responder

- Drill observer
- 1 staff person acting as unresponsive, pulseless person served.
- 1 staff as first responder.



Two Responders

- Drill observer
- 1 staff person acting as unresponsive, pulseless person served.
- 1 staff as first responder.
- 1 staff as second responder.

Sample Drill cont.

Drill Activities:

One Responder

- Call 911 (place phone on speaker)
- Initiate CPR (per steps below)
- Continue CPR **and** once help arrives, continue until 2nd responder takes over chest compressions
- Once 2nd responder assumes chest compressions, then other necessary notifications can be made, obtain health passport, and prepare for transfer to the hospital.



Sample Drill Cont.

Drill Activities:

Two Responders

- 1st responder initiate CPR per steps below.
- 2nd responder call 911.
- Continue 2 person CPR until EMS arrives and takes over chest compressions.
- Once EMS assumes chest compressions, then other necessary notifications can be made, obtain health passport, and prepare for transfer to the hospital.



Sample Drill

Drill Activities

Debrief

- Drill observer to comment on order and timing of steps, CPR skill, and continuation of chest compressions.



Questions??

