



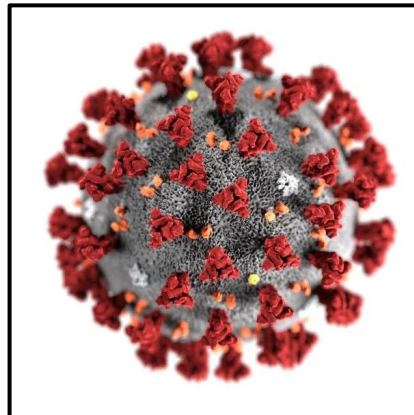
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Managing COVID-19 Today: Updated Guidance

Keeping People Safe During COVID-19: Updated Guidance

Today we will review:

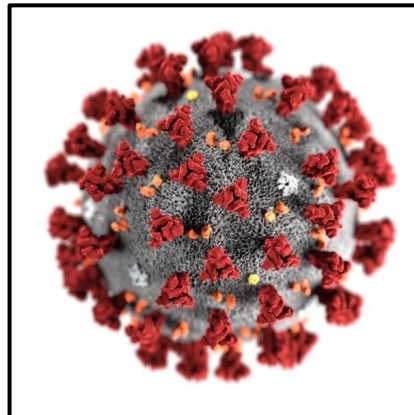
- Definitions
- Isolation and Quarantine
- COVID-19 Vaccines
- Monitoring, Restrictions, and Return to Work
- Masking and other PPE requirements
- Vaccinations and Testing
- September 30th Vaccine Mandate



Keeping People Safe During COVID-19: Updated Guidance

Email specifically for use by healthcare facilities:

- **coronavirus.hai@dc.gov**



Definitions

- Healthcare personnel (HCP)
- Isolation
- Quarantine
- Close contact
- Fully vaccinated
- Incubation period

Sources: Coronavirus (COVID-19): Guidance for Quarantine after COVID-19 Exposure (DC Health – Last Updated: September 8th, 2021);
Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health - Last Updated: September 2nd, 2021)

Definitions

Healthcare personnel (HCP)

- Includes all paid and unpaid persons serving in healthcare settings who have the potential for direct or indirect exposure to patients or infectious materials

Source: Coronavirus (COVID-19): Guidance for Quarantine after COVID-19 Exposure (DC Health – Last Updated: September 8th, 2021);

Definitions

Remember the important mnemonic we have been using:

ISOLATION = Infected

QUARANTINE = Questioning

Definitions

Close contact

- within six feet of an infected person for at least 15 minutes over a 24-hour period
- Any time from two days before the onset of symptoms (or if asymptomatic, two days before the positive test was collected) until the person is isolated

Source: Coronavirus (COVID-19): Guidance for Quarantine after COVID-19 Exposure (DC Health – Last Updated: September 8th, 2021)

Definitions

Fully vaccinated

- At day 14 after completion of a COVID-19 vaccination series (after the second dose of a 2-dose series, or after one dose of a single-dose vaccine)

Source: Coronavirus (COVID-19): Guidance for Quarantine after COVID-19 Exposure (DC Health – Last Updated: September 8th, 2021)

Definitions

Incubation period

- The time between when someone is exposed to an infectious agent and when the symptoms first appear.
- For COVID-19, as little as two days and as many as 14 days

Source: Coronavirus (COVID-19): Guidance for Quarantine after COVID-19 Exposure (DC Health – Last Updated: September 8th, 2021)

Isolation and Quarantine

Safest and most effective strategy

- If you're a close contact to someone confirmed to have COVID-19, quarantine for 14 days (0.1% chance of spreading it after leaving quarantine)
- The percent of spreading infection increases as the days in quarantine decreases

Source: Coronavirus 2019 COVID-19): Guidance for Quarantine
(DC Health - Last Updated: September 8th, 2021)

Isolation and Quarantine

If you are living or working in a healthcare facility or congregate setting:

- You **MUST** adhere to the 14-day quarantine requirement.
- This includes the following settings:
 - Intermediate care facilities
 - Community residential facilities
 - Supported living facilities

Source: Coronavirus 2019 COVID-19): Guidance for Quarantine (DC Health - Last Updated: September 8th, 2021)

Isolation and Quarantine

You've been in close contact with someone with COVID-19...

You're not required to quarantine if:

- The close contact had COVID-19 within the last 90 days and you do not have symptoms of COVID-19 infection

OR

- The close contact is fully vaccinated AND do not have any symptoms of COVID-19 infection.

Source: Coronavirus 2019 COVID-19): Guidance for Quarantine
(DC Health - Last Updated: September 8th, 2021)

Isolation and Quarantine

Please continue to review guidelines for the most current updates.

www.coronavirus.dc.gov

Be sure to ask your supervisors or nurses any questions you may have so you'll know the most updated information.

Source: Coronavirus 2019 COVID-19): Guidance for Quarantine
(DC Health - Last Updated: September 8th, 2021)

COVID-19 Vaccines

Vaccine Brand Name	Who Can Get this Vaccine ^[1]	How Many Shots You Will Need	When Are You Fully Vaccinated?
Pfizer-BioNTech	People 12 years and older	2 shots Given 3 weeks (21 days) apart ^[2]	2 weeks after your second shot
Moderna	People 18 years and older	2 shots Given 4 weeks (28 days) apart ^[2]	2 weeks after your second shot
Johnson & Johnson's Janssen	People 18 years and older	1 shot	2 weeks after your shot

Source: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html>

COVID-19 Vaccines

Vaccines

- Widely available
- Safe, effective, and reduce your risk of serious illness
- CDC does not recommend any one vaccine over the other

Source: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html>

COVID-19 Vaccine Efficacy

Pfizer, Moderna, and Johnson&Johnson

- Early Release September 17th, 2021
- “Among U.S. adults without immunocompromising conditions, vaccine effectiveness against COVID-19 hospitalization during March 11–August 15, 2021, was higher for the Moderna vaccine (93%) than the Pfizer-BioNTech vaccine (88%) and the Janssen vaccine (71%).”
- Implications: Although these real-world data suggest some variation in levels of protection by vaccine, all FDA-approved or authorized COVID-19 vaccines provide substantial protection against COVID-19 hospitalization.

Source: <https://www.cdc.gov/mmwr/volumes/70/wr/mm7038e1.htm>

Monitoring, Restrictions, and Return to Work



Please refer to the source document for complete information and refer to the website for the most up-to-date information

www.coronavirus.dc.gov

Source: Coronavirus 2019 COVID-19): Guidance for healthcare Personnel Monitoring, Restriction and return to Work (DC Health - Last Updated: September 2nd, 2021)



Monitoring, Restrictions, and Return to Work

Key Points

- Follow your facility's sick employee policy
- Remain aware of developing symptoms
- Always wear a facemask when providing patient care services
- Stay home if you have symptoms; if they develop at work, ensure your mask is on, isolate, tell your supervisor, and leave ★
- Ensure screening is performed at the beginning of every shift

Source: Coronavirus 2019 COVID-19): Guidance for healthcare Personnel Monitoring, Restriction and return to Work (DC Health - Last Updated: September 2nd, 2021)

Monitoring, Restrictions, and Return to Work

Monitoring signs and symptoms

- Screen all HCP at the beginning of the shift for fever and symptoms of COVID-19
- Facilities experiencing outbreaks should consider screening at the start, middle, and end of every shift
- Screening can be done via app or other electronic format

Source: Coronavirus 2019 COVID-19): Guidance for healthcare Personnel Monitoring, Restriction and return to Work (DC Health - Last Updated: September 2nd, 2021)

Monitoring, Restrictions, and Return to Work



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Table 1: HCP Exposure Definition and Work Restrictions

Exposure	PPE Used	Work restrictions
<p>HCP who had prolonged (≥15 minutes) close (within 6 feet) contact with a patient, visitor, or HCP with confirmed COVID-19</p>	<ul style="list-style-type: none"> HCP not wearing a respirator or facemask <p style="text-align: center;">OR</p> <ul style="list-style-type: none"> HCP not wearing eye protection if the person with COVID-19 was not wearing a cloth face covering or facemask <p style="text-align: center;">OR</p> <p>HCP not wearing all recommended PPE while performing an aerosol-generating procedure*</p>	<ul style="list-style-type: none"> Unless <u>fully vaccinated</u>, exclude from work for 14 days after last exposure. <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> <u>Test</u> as indicated in the “After Exposure” section of this guidance. <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> Advise HCP to monitor themselves for fever and symptoms consistent with COVID-19 <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> Any HCP who develop fever or <u>symptoms consistent with COVID-19</u> should immediately contact their established point of contact (such as occupational health) at the facility. HCP should have medical evaluation and testing performed.
<p>Community exposure</p>	<p>Not Applicable</p>	<ul style="list-style-type: none"> Unless <u>fully vaccinated</u>, exclude from work for 14 days after last exposure. <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> Test as indicated in the
		<p>“After Exposure” section of this guidance.</p> <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> Advise HCP to monitor themselves for fever and symptoms consistent with COVID-19

Source: Coronavirus 2019 COVID-19): Guidance for healthcare Personnel Monitoring, Restriction and return to Work (DC Health - Last Updated: September 2nd, 2021)



Definition - Aerosol-Generating Procedures (AGPs)

Examples of AGPs include, but are not limited to:

- Non-invasive ventilation (NIV)
 - BiPAP or CPAP
- Induction of sputum
- Open suctioning tracheostomy
- Open suctioning of airways
- Manual ventilation
- Cardiopulmonary resuscitation (CPR)



The Latest Information on Masking



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The Latest Information on Masking

YES



NO



NO



The Latest Information on Masking

- All HCP must wear a respirator or face mask while inside
 - Except when eating, drinking, or changing masks
 - All HCP must wear eye protection
 - When within 6 feet
 - When interacting with someone who is
 - Suspected or confirmed to have COVID-19
- OR
- Under quarantine following an exposure or the person is experiencing symptoms of COVID-19
- AND
- Per standard precautions (anticipated splashes, sprays, or splatters)
- AND
- As required by transmission-based precautions

Source: Coronavirus 2019 COVID-19): Guidance for healthcare Personnel Monitoring, Restriction and return to Work (DC Health - Last Updated: September 2nd, 2021)

After Exposure

If not fully vaccinated and experienced a confirmed exposure:

- Get tested immediately and 5-7 days after exposure

If fully vaccinated and exposed to a confirmed case:

- No need to restrict from work as long as the HCP
 - Remains asymptomatic
 - Is tested immediately and 5-7 days after exposure

If the HCP has recovered from a laboratory-confirmed COVID-19 infection within 90 days and is asymptomatic, they do not need to be tested.

- Staff must continue to monitor themselves for symptoms for 14 days from their exposure date

Source: Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health- Last Updated: September 2nd, 2021)

Testing and Diagnosis

If an HCP is symptomatic:

- And has a positive test result
 - Follow the criteria for clearance
- And has a negative test result
 - Follow your employer's policy for sick employees
- And refuses testing
 - Follow the symptom-based strategy criteria to return to work
 - And received an alternative diagnosis (not COVID-19)
 - Follow your employer's policy for sick employees

If an HCP is asymptomatic and has laboratory-confirmed COVID-19

- Follow the return to work policy in this document

Source: Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health- Last Updated: September 2nd, 2021)

Testing and Diagnosis

If an HCP has had COVID-19 ruled out and there is another diagnosis

- Criteria to return to work should be based upon that diagnosis

If an HCP is symptomatic and undergoing testing

- The employee MAY NOT return to work while test is pending

If an HCP is in quarantine and received a negative COVID-19 test

- The employee must complete the 14-day quarantine

If an HCP is undergoing routine surveillance testing

- The person can report to work

Source: Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health- Last Updated: September 2nd, 2021)

Returning to Work

Strategies

- Symptom-based
- Test-Based
- Time-based

Source: Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health- Last Updated: September 2nd, 2021)

Returning to Work

Strategies

- Symptom-based
 - Dependent upon severity of illness
 - Whether or not you are immunocompromised
 - How long since your symptoms first appeared **AND**
 - How long since your fever passed without the use of fever-reducing medications **AND**
 - Symptoms have improved

Source: Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health- Last Updated: September 2nd, 2021)

Returning to Work

Strategies

- Test-based (differs between symptomatic or asymptomatic)
 - Resolution of fever (S)
 - Symptoms have improved (S)
 - Negative results from at least two consecutive respiratory specimens collected greater than or equal to 24 hours apart (S and A)
 - FDA-authorized SARS-CoV-2 molecular viral assay test (S)
 - FDA-authorized molecular viral assay to detect SARS-CoV-2 RNA

Source: Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health- Last Updated: September 2nd, 2021)

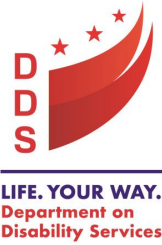
Returning to Work

Strategies

- Time-based
 - If not severely immunocompromised and were asymptomatic throughout the infection
 - At least ten days since their first positive SARS-CoV-2 viral test
 - For severely immunocompromised and asymptomatic throughout the infection
 - At least 10 days and up to 20 days since the date of their first positive SARS-CoV-2 Viral test

Source: Coronavirus 2019 (COVID-19): Guidance for Healthcare Personnel Monitoring, Restriction and Return to Work (DC Health- Last Updated: September 2nd, 2021)

September 30th Vaccine Mandate



Monday, August 16, 2021 –

“Mayor Muriel Bowser and DC Health announced that by September 30, 2021 all health care workers in the District of Columbia must receive at least the first dose of Pfizer or Moderna or one dose of Johnson & Johnson COVID-19 vaccine.”

Source: <https://coronavirus.dc.gov/release/mayor-bowser-and-dc-health-announce-vaccination-requirement-district-health-professionals>



September 30th Vaccine Mandate

Who does this apply to:

- All licensed, certified and registered health professionals;
- All EMS providers such as paramedics and emergency medical technicians (EMTs); and
- All unlicensed healthcare workers (i.e. patient care technicians, personal care aides, environmental services staff).

Source: <https://coronavirus.dc.gov/release/mayor-bowser-and-dc-health-announce-vaccination-requirement-district-health-professionals>

September 30th Vaccine Mandate

Two doses of the Pfizer vaccine or the Moderna vaccine, or one dose of the Johnson & Johnson vaccine, are required:

- Before an application is submitted for licensing, certification, or renewal
- Upon submission for renewal of license, registration, or certification
- Before employment or contractual relationship
- On or before the date specified by DC Health/Department of Health

Source: <https://coronavirus.dc.gov/release/mayor-bowser-and-dc-health-announce-vaccination-requirement-district-health-professionals>

September 30th Vaccine Mandate

If you have a religious belief or medical concern, please speak with your supervisor.



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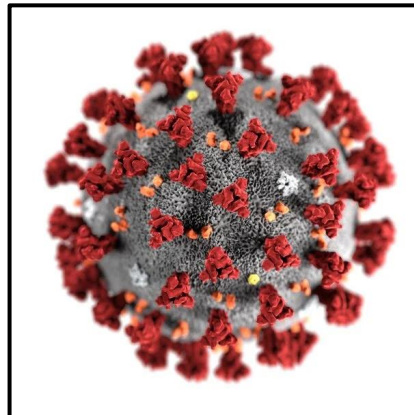
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