

Quality Improvement Committee (QIC) Meeting Minutes

Tuesday, February 3, 2014

In Attendance:

Matt Rosen (Chair), Supervisory Quality Improvement Specialist, QMD/DDS

Alison Whyte, Program Development Specialist, SODA/DDS

Lisa Alexander, George Washington University

Joyce Maring, George Washington University

Brenda Sheingold, George Washington University

Nancy Vaughan, Parent

Marisa Brown, Georgetown University, Center on Child and Human Development

Shirley Quarles-Owens, Supervisory Community Health Nurse, H&W/DDS

Glynic Black, Nurse Consultant, H&W/DDS

Catherine Von Stitt, Physical Therapist, DDA/DDS

Handouts from the Meeting

- Agenda
- Minutes from December 2, 2014
- Update from the Task Force related to Falls and Fall Risk
- Fall Risk Checklist

Review of December 2 Minutes

- ❖ No substantive edits or additions were made to the minutes.

Follow up on Preventing Falls Conversation

- ❖ Joyce Maring presented to an Update to the group that included the activities and suggested next steps for the Falls Prevention Subcommittee. They reviewed various related literature (which there was little specific to people with IDD) and the materials in the Falls and People with IDD DVD (Tideiksaar), which may be purchased for ~\$75. In addition, Dr. Von Stitt reviewed several people with histories of falls. The follow up steps included developing several resources: a fall assessment with recommendations based on the resulting score (would be included in the Health and Wellness Standards), a short environmental screening tool and additional educational tools, and a resource handbook for physical therapists. In the follow up discussion, the group discuss the need to promote fitness waiver services for strengthening. Matt requested the subcommittee add more specific details and timelines for development before he passed on the recommendations to DDA management.
- ❖ Shirley Quarles-Owens then reported on the DC Fall Free Coalition meeting she attended. The group is mostly focused on older citizens though were shocked when Shirley shared our falls statistics with them. The group is still trying to figure out if it wants to primarily focus on advocacy, modifications or best practices. The group is also

planning a Health Fair in September. Members from GWU told the QIC about their struggles with the Health Fair they had conducted several years ago so that those participating can learn from their experience.

Evans Update

- ❖ Matt Rosen updated the group on the next steps DDA was completing to meet certification for *Evans* goals pertaining to employment and community integration.

Announcements and Other Updates

- ❖ Alison Whyte updated the group on SODA's activities such as convening the Family Support Community of Practice and implementing the No Wrong Door Grant.

Next Meeting: March 3, 2015