

# 4 + 1

What have we done to support the person?

What have we tried? 1	What have we learned? 2	What are we pleased about? 3	What are we concerned about? 4

+1 – Given our learning, what will we do next?

## Guided questions to complete a 4+1

### What have we tried?

- What did we do?
- When did we do it?
- Who else was there?

### What have we learned?

- What did we learn from the efforts previously mentioned?

### What are we pleased about?

- What did we like about what we tried?
- What went well?
- What worked for Mary and for staff?

### What are we concerned about?

- What challenges did we encounter?
- What didn't we like about what we tried?
- What didn't work for Mary or for staff?