

CHARTING the life course



Integrated Services and Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.





Government of the District of Columbia
DEPARTMENT ON DISABILITY SERVICES

Family Support Council Meeting

Friday, July 31st, 2015
10 am – 12 pm

Department on Disability Services
1125 15th Street NW
Washington DC 20005

Please be prepared to show identification when you enter the building.

This will serve as the inaugural meeting of the Family Support Council (FSC), which will assist, advise and provide recommendations to the Department on Disability Services (DDS) and sister agencies on developing person and family-centered systems of support for families throughout the lifespan of their family members with intellectual and developmental disabilities. The FSC is made up of 11 voting members who were appointed by the DDS Director, but all meetings are open to the public.

In addition to DDS, the following government agencies will be invited to hear and learn from the FSC:

- Child and Family Services Agency
- District of Columbia Office on Aging, Aging and Disability Resource Center
- District of Columbia Public Schools
- Department of Behavioral Health

DDS will provide stipends in accordance with our Stipends Policy and will provide accommodations needed for meaningful participation. Please RSVP and make any requests for accommodations with Alison Whyte at alison.whyte@dc.gov or 202-870-9640.



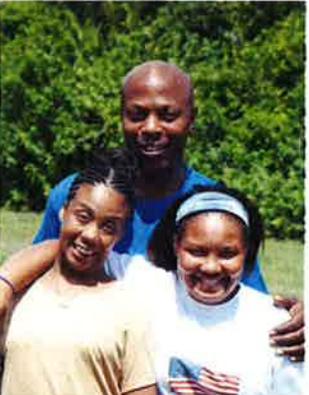


Government of the District of Columbia
Department on Disability Services

Celebrates the
**25th Anniversary of the
 Americans with Disabilities Act (ADA)**

Throughout July an array of interesting activities will take place across the District of Columbia in recognition of the monumental impact this civil rights legislation has had on society. Take time to learn more about disability services and celebrate with people who may be differently able.

**Events sponsored by District agencies,
 The Kennedy Center & Smithsonian Institute**



<p>July 15 End the Awkward Office of Human Rights (OHR)</p> 	<p>This one-day event empowers participants take a pledge to raise awareness and better understand disability issues. Commit to the day by wearing an "End the Awkward" pin and learn a few short talking points about respectful ways to interact with people with disabilities.</p> <p>To register as a member of the public, visit http://endtheawkwardDC.eventbrite.com. To register your business, visit http://endtheawkwarddc-business.eventbrite.com</p>
<p>July 16 – 31</p> 	<p>The Kennedy Center and the Smithsonian Institute are hosting a cultural extravaganza throughout July to celebrate the 25th Anniversary of the ADA and the 40th Anniversary of VSA, the international organization on arts and disabilities. Many events are free beginning July 16 and include art and photography exhibits, and free concerts. Learn more at: http://www.2540celebration.com/about-2540/</p>
<p>July 22 Cabinet of Curiosities: How Disabilities was Kept in a Box ▪ 8 pm – 10 pm American History Museum</p>	<p>This one-person, original piece by Mat Fraser offers a creative take on attitudes about disability that is equal parts cabaret, incisive lecture, and humorous commentary on museum displays of human difference. First come, first served. Includes mature content.</p>
<p>July 24 Conversations: Latinos & the ADA ▪ Noon – 4 pm American History Museum</p>	<p>This gathering of professors, activists, and professionals from around the country takes on the historical and cultural issues related to how disability has been understood among Latinos in the United States. Thomas Perez, U.S. Secretary of Labor is among the panelists.</p>
<p>July 25 Disabilities Film Festival 10 am – 5 pm American History Museum</p>	<p>The museum will screen three documentaries made by or about people with disabilities. After each film, a curator moderates a lively discussion among the audience with directors or others connected to the film.</p>
<p>July 26 Legacy Bus & Museum on Wheels ▪ Noon – 4 pm American History Museum</p>	<p>The ADA25 Legacy Bus and the Disability Rights Museum on Wheels spend the afternoon at the museum, creating historic photo-ops for its many followers.</p>
<p>July 27 – 30 NCIL Annual Conference Grand Hyatt Hotel</p>	<p>This year's theme: Generation ADA Rise Up. The annual march to the Capitol takes place on July 28, 10 am. Line up begins at the Grand Hyatt. For more information: http://tinyurl.com/owsz2k2</p>



Government of the District of Columbia

DCOA's Mission

The mission of the District of Columbia Office on Aging (DCOA) is to advocate, plan, implement, and monitor programs in health, education, employment, and social services which promote longevity, independence, dignity, and choice for older District residents (age 60 and older), people living with disabilities (age 18 to 59) and their caregivers.

DCOA's Aging and Disability Resource Center

The Aging and Disability Resource Center (ADRC) provides a single, coordinated system of information and access for individuals seeking long-term care services and supports. This is accomplished through the provision of unbiased, reliable information, counseling, and service access to older adults, individuals with disabilities and their caregivers. The ADRC works closely with a network of community-based non-profit organizations and private sector businesses in each Ward of the city to ensure that appropriate, consistent and quality services are delivered to residents in their own neighborhoods.

Summary of Services

The following is a list of core services provided by DCOA's ADRC staff, or referred to DCOA-funded providers within the Senior Service Network. Several of the listed services have eligibility requirements:

- Adult Day Health
- Case Management
- Caregiver Support
- Congregate Meals
- Deaf and Hard of Hearing Services
- Employment Support
- In-Home Support
- Home-delivered Meals
- Hospital Discharge Planning
- Medicaid Waiver Enrollment Assistance
- Memory Care (Alzheimer's & Dementia)
- Nursing Home Transition Services
- Nutrition Counseling & Education
- Nutrition Programs: Senior Farmer's Market
- Options Counseling (Long-Term Care Planning)
- Public Benefits Assistance
- Senior Wellness Centers
- Transportation
- Veterans Resources

To speak with a professional contact: 202-724-5626

or email: IRA.ADRC@dc.gov

Visit our website: dcoa.dc.gov



Parent to Parent DC Goals

Goal #1

Establish DC Parent to Parent Program as the peer to peer support for caregivers of children (throughout the lifespan) with special healthcare needs.

DEVELOPMENT

Goal #2

Inform, educate, and collect feedback about the launch of DC P2P

OUTREACH

Goal #3

Caregivers of children (throughout the lifespan) with a special healthcare need receives adequate support from an experienced caregiver.

THE MATCH

Goal #4

Strengthen the relationships between parents, nonprofits, government agencies and other stakeholders.

UNIQUE POSITIONING

Goal 1: Development

Completed Tasks and Progress Toward Goal (partial)

1. Have a clear understanding about the program and its impact through our steadfast relationship with The National Parent to Parent program, other state alliance members and evidenced based reports.
2. Conducted research to get the contact information of all DC parent related organizations (NPO and Gov't) and invited them to participate in the development of the program.
3. Gathered the input of stakeholders through one on one conversations, focus groups, community and professional meetings about the program.
4. Have established subcommittees that connect on a monthly basis to provide input about the development of DC P2P.
5. Gained forms of commitment from 10+ organizations to assist in the development through direct or in-kind serviced.
6. Awarded technical assistance from Department on Disability Services to obtain expert advice on the (preliminary) planning of the DC program.
7. Collated a listing of desired criteria fields to search by for the matching process.
8. Identified a cloud-based HIPPA experienced Customer Relationship Management software to establish and maintain the database system, e.g. Salesforce.
9. Had several introductory conversations/training with the Salesforce Development team to understand how to develop the database.
10. Acquired job description and training manual template.
11. Drafted several presentations and proposals to different audiences.
12. Calculated a modest budget and timeline to be implemented upon funding release.

Goal 2: Outreach

Completed Tasks and Progress Toward Goal (partial)

1. Collected names of interested volunteer individuals and organizations.
2. Established an outreach subcommittee to assist in this goal area.
3. Created a draft advertising document.

Goal 3: Match

Completed Tasks and Progress Toward Goal (not actually underway)

1. Actively listened to all stakeholders to gain their input for incorporation into the development of DC P2P.
2. Collated information from stakeholders to understand on what criteria field DC P2P should match.

Goal 4: Unique Positioning

Completed Tasks and Progress Toward Goal

1. Have identified members for the community advisory board.
2. Have utilized national expertise from The National Parent to Parent
3. Transcribed dialogues and logged all contact from various meetings to create a real-time community mapping.

KNOW YOUR OPTIONS DECIDE YOUR FUTURE

Long-Term Care Planning Guide

THE DISTRICT OF COLUMBIA
OFFICE ON AGING



Age-Friendly
 **DC**